



**The First Sunday of Advent
November 28, 2021**

Welcome!

Feel the love

Advent Theme: Waiting in Hope

Celebrant and Preacher: The Rev. Dr. Rob Cavanna

National Native American Heritage Month

Welcome guests to our Faith Community!

Holy Trinity is a place where you can connect with people you can relate to and where you'll find lasting relationships.

We're glad to have you with us today!

THANK YOU FOR BEING QUIET BEFORE THE SERVICE SO PEOPLE CAN PRAY!

Please turn off all electronic devices throughout the service out of respect for others and the liturgy!

*We're glad to have you with us today, in person or on Facebook!
If you're visiting, please sign the Guest Book which is on the table
outside the door into the Parish Hall. Be sure to print your mailing
address as well as your email address. We'll send you a
complimentary E Meditation and weekly E Newsletter.*

Prelude

Bea Bastyr

Opening Hymn

"O Come, O Come Emmanuel"

Hymn #56 vs 1,2,6,7

Lighting of the Advent Wreath

Celebrant:

As our nights grow longer and our days grow short,
we look on these earthly signs--light and green branches--
and remember God's promise to our world:

Christ, our Light and our Hope, will come.

Listen to the words of Isaiah the prophet:

The people that walked in darkness

have seen a great light;

on those who lived in a land as dark as death

a light has dawned.

You have increased their joy

and given them gladness;

They rejoice in your presence

as those who rejoice at harvest,

as warriors exult when dividing spoil.

Isaiah 9:1-2

All pray:

O God, rejoicing,

we remember the promise of your Son.



As the light from this candle,
 may the blessing of Christ come upon us,
 brightening our way
 and guiding us by his truth.
 May Christ our Savior bring life
 into the darkness of our world,
 and to us, as we wait for his coming.
 We ask this through Christ our Lord. Amen.

Candle Lighting Carol

"Light One Candle to Watch for Messiah"



1 Light one can - dle to watch for Mes - si - ah: let the light ban - ish dark - ness.

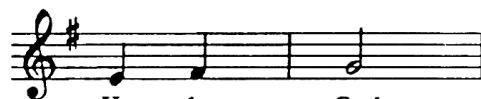


He shall bring sal - va - tion to Is - ra - el, God ful - fills the prom - ise.

The Liturgy of the Word

Opening Acclamation

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**



Ho - ly God,



Ho - ly and Migh - ty,



Ho - ly Im - mor - tal One,



have mer - cy up - on us.

Repeat 3 times

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Almighty God, who gave such grace to your apostle Andrew that he readily obeyed the call of your Son Jesus Christ, and brought his brother with him: Give us, who are called by your Holy Word, grace to follow him without delay, and to bring those near to us into his gracious presence; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

O Sovereign God, who raised up (King) Kamehameha (IV) and (Queen) Emma to be rulers in Hawaii, and inspired and enabled them to be diligent in good works for the welfare of their people and the good of your Church: Receive our thanks for their witness to the Gospel; and grant that we, with them, may attain to the crown of glory that never fades away; through Jesus Christ our Savior and Redeemer, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

God of justice, in your wisdom you create all people in your image, without exception.

Through your goodness, open our eyes to see the dignity, beauty, and worth of every human being. Open our minds to understand that all your children are brothers and sisters in the same human family. Open our hearts to repent of racist attitudes, behaviors, and speech which demean others. Open our ears to hear the cries of those wounded by racial discrimination, and their passionate appeals for change. Strengthen our resolve to make amends for past injustices and to right the wrongs of history. And fill us with courage that we might seek to heal wounds, build bridges, forgive and be forgiven, and establish peace and equality for all in our communities. In Jesus' name we pray. **Amen.**

The People sit.

The First Reading

Jeremiah 33:14-16

Reader A Reading from Jeremiah.

The days are surely coming, says the Lord, when I will fulfill the promise I made

to the house of Israel and the house of Judah. In those days and at that time I will cause a righteous Branch to spring up for David; and he shall execute justice and righteousness in the land. In those days Judah will be saved and Jerusalem will live in safety. And this is the name by which it will be called: "The Lord is our righteousness.

(Pause)

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Psalm 25:1-9

Ad te, Domine, levavi

To you, O Lord, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.

Show me your ways, O Lord, *
and teach me your paths.

Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.

Remember, O Lord, your compassion and love, *
for they are from everlasting.

Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O Lord.

Gracious and upright is the Lord; *
therefore he teaches sinners in his way.

He guides the humble in doing right *
and teaches his way to the lowly.

All the paths of the Lord are love and faithfulness
to those who keep his covenant and his testimonies."

The Second Reading

Thessalonians 3:9-13

Reader A Reading from Thessalonians.

How can we thank God enough for you in return for all the joy that we

feel before our God because of you? Night and day we pray most earnestly that we may see you face to face and restore whatever is lacking in your faith.

Now may our God and Father himself and our Lord Jesus direct our way to you. And may the Lord make you increase and abound in love for one another and for all, just as we abound in love for you. And may he so strengthen your hearts in holiness that you may be blameless before our God and Father at the coming of our Lord Jesus with all his saints.

(Pause)

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Please stand as able.

Sequence Hymn "Lo! He Comes, with Clouds Descending" Hymn #58

Gospel **Luke 21:25-36**

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Jesus said, "There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves. People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken. Then they will see 'the Son of Man coming in a cloud' with power and great glory. Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near."

Then he told them a parable: "Look at the fig tree and all the trees; as soon as they sprout leaves you can see for yourselves and know that summer is already near. So also, when you see these things taking place, you know that the kingdom of God is near. Truly I tell you, this generation will not pass away until all things have taken place. Heaven and earth will pass away, but my words will not pass away.

"Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man."

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon/Message

The Rev. Dr. Rob Cavanna

Here is a little space for you to make notes of things you want to remember.

Silence and Reflection

Please stand as able.

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,**

**God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.**

Through him all things were made.

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he
ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

People kneel or stand as able.

Celebrant

We live in a time of distress among nations, faint from fear and foreboding of what is coming upon the world: Hear the prayers of your people as we stand up and raise our heads because our redemption is drawing near. Remember, O God, your compassion and love, for they are from everlasting.

Leader To you, O Gracious One, we lift up our souls: Restore whatever is lacking in our faith, that your Church may increase and abound in love for one another and for all, alert at all times to see the Son of Man coming with power and great glory.

Remember, O God, your compassion and love,

for they are from everlasting.

Cast away the works of darkness among the leaders of the world and cover them with the armor of light: Come quickly and let your righteous Branch spring up to execute justice and righteousness in all the earth, so that the treacherous may be disappointed in their schemes, and every person may live in safety.

Remember, O God, your compassion and love;

for they are from everlasting.

Night and day the suffering people of the earth pray most earnestly: Though the powers of the heavens may be shaken, let none who look to you be put to shame; fulfill the promise you have made on behalf of everyone who suffers throughout the world.

Remember, O God, your compassion and love;

for they are from everlasting.

Show us your ways, O God, and teach us your paths in this community: Remember not the sins of our youth and our transgressions, but do remember us according to your love and for the sake of your goodness, that we may guide the humble in doing right and teach your ways to the lowly.

Remember, O God, your compassion and love;

for they are from everlasting.

Hear our prayers for those for whom we offer our intercessions, especially for the homeless youth of the Elk River region.

We thank you for your grace and presence at work among us, and especially for the Trinitarians serving on Altar Guild.

Come in your glory, O Christ, and take to yourself those who have died, that they may rise to the life immortal.

Remember, O God, your compassion and love;

for they are from everlasting.

Celebrant

Holy and Eternal One, as we see the foreboding signs in our times, may we know that your reign is near: Guard our hearts so they may not be weighed down with the worries of this life, but strengthened in holiness, that we may be blameless before our God at the coming of our Lord Jesus with all his saints, in the power of your Holy Spirit. Amen.

(silence)

Confession of Sin

Please kneel or stand.

Celebrant Let us confess our sins against God and our neighbor.

Silence may be kept.

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of Christ be always with you.

People **And also with you.**

The Holy Communion

Celebrant Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High. *Psalms 50:14*

Offertory

Please stand as able.

Bea Bastyr

The Doxology

Celebrant and People

**Praise God, from whom all blessings flow;
praise him, all creatures here below; praise
him above, ye heavenly host: praise Father,
Son, and Holy Ghost. Amen.** Hymnal #380

The Great Thanksgiving

The Holy Communion

Eucharistic Prayer 2 Enriching Our Worship

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

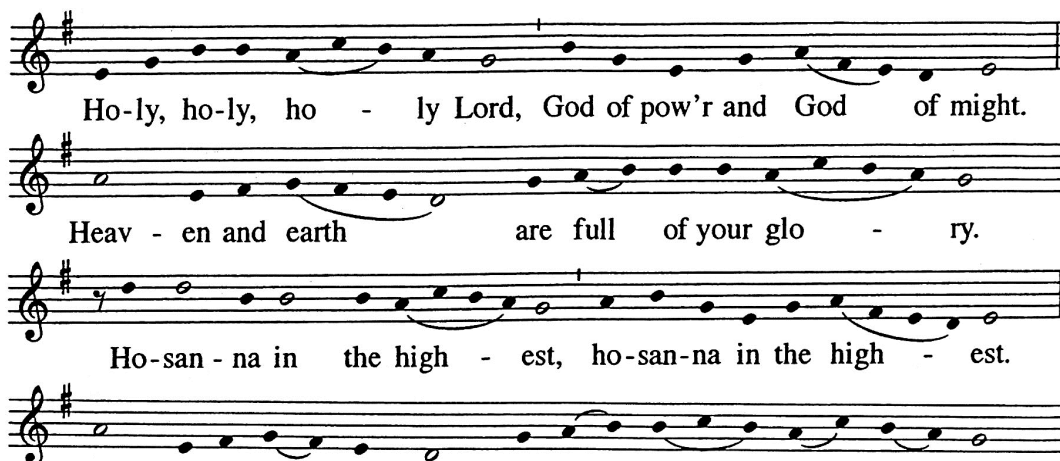
People **It is right to give God thanks and praise.**

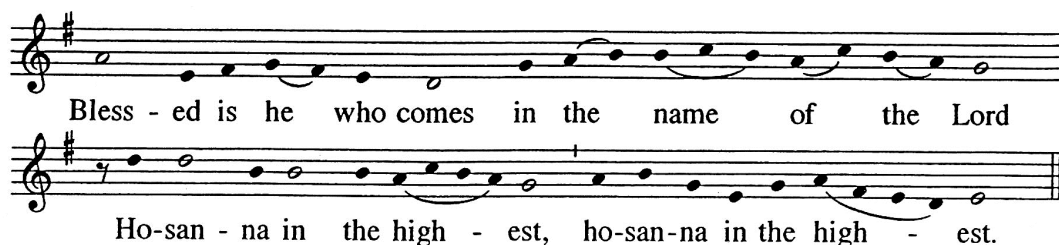
Then, facing the Holy Table, the Celebrant proceeds

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Celebrant and People:





Please kneel or stand as able.

Celebrant

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us with Mary the Virgin and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit,

to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive
those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Celebrant God of promise, you have prepared a banquet for us.

People **We who are many are one body, for all share in the one bread.**



1. Je - sus, wis - dom and might - y Lord,
2. Je - sus, true branch of Jes - se's tree,
3. Key of Da - vid and Day-spring from on high,
4. De - sire of na - tions, our Em - man - u - el,



sins of the world: have mer - cy on us. Have mer - cy on us.



world: grant us peace. Grant us peace.

Celebrant The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

*This is God's table and all baptized persons are invited to receive communion. You may kneel or stand to receive the Holy Sacrament. If you cannot come to the front, we will bring Communion to you. **No one should be embarrassed to have Holy Communion brought to them.***

The bread and Chalice are given to the communicants with these words: The Body (Blood) of Our Lord Jesus Christ keep you in everlasting life.

*Person responds: **Amen.***

Spiritual Communion—Act of Reception

For those participating on Facebook!

Celebrant In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, let us now say together The Prayer for Reception.

I long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory.

And particularly for the blessings given me....(pause to think of your blessings) I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

Communion Anthem "Watchman, Tell Us of the Night" Hymn #640

Prayer after Communion

Please kneel or stand.

Celebrant Let us pray.

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Announcements

The Final Blessing

Please kneel or stand.

Celebrant

May God strengthen your hearts and raise your heads in the midst of distress and confusion to free you from all worry and alert you to God's coming. **Amen.**

May Christ make you increase and abound in love for one another and for all, that you may be blameless at the coming of Jesus. **Amen.**

May your hearts rest in the Holy Spirit's compassion and love, for they are from everlasting. **Amen.**

And the blessing of our wonderful God, Father, Son, and Holy Spirit, be with you now and always. **Amen.**

Recessional Hymn "Hark! A Thrilling Voice is Sounding" Hymn #59
The Dismissal

Celebrant Let us wait in hope this Advent for Jesus while serving others in need.

People **Thanks be to God.**

Postlude


Bea Bastyr

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Our Mission Statement



Holy Trinity is a diverse, multi-cultural church unified in Holy Communion and grounded in the Gospel. We embrace all people as equally beloved children of God. We are committed to acting as the hands and feet of Jesus, expressing His love in the world while lifting each other up in community.

**BLUE**

**CHRISTMAS
SERVICE**
of SOLACE and COMFORT

A community wide service for Those Living with
Loss, Depression, Anxiety and Struggle and COVID!
Holy Trinity Episcopal Church 1326 4th Street NW, Elk River

Wednesday, Dec. 8, 2021
6:30 pm
All Are Welcome

**Dec. 5, 2021 Guardian
Angels Corporate
Meeting following
Eucharist
12:00 pm over Zoom!**

Liturgy Ministry Rota —Advent Season

Altar Guild: Daryl Herrmann and Kate Hansen

Ministry	Dec. 5th	Dec. 8th	Dec. 12th	Dec. 19th
Greeter	Dan Krieger	Daryl Herrmann	Ginny Anderson	Jane Lindenfelser
Usher	Walter Kaminsky	Jerry Waite	Dustin Campbell	Dave Raitz
Acolyte	Daryl Herrmann	Lyla Aaland	Elijah Campbell	Mo Campbell
1st Reader	Gail Weber	Mo Campbell	Larry Brugger	Eric Hawkins
2nd Reader	Marion Marshall	Eric Hawkins	Mary Brugger	Daryl Herrmann
Prayers	Dustin Campbell	Jane Lindenfelser	Mary Dare	Linda Krieger

Please, if you're not able to serve, please find your replacement.



Special Blessings to all our November Birthday Trinitarians!

03 – Wesley Gadsden	15 – Wally Kaminsky
04 – Billie Jo Bishop	17 – Matt Krieger
05 – Imani Ngoye	21 – Melanie Svoboda
07— Paula Hall	23 – Megan “Mo” Campbell
12 – Jane Lindenfelser	26 – Lucas Jack Svoboda
12—Jon Lloyd	26 – Katharine Wilson
14 – Raelyn Jean Krieger	29 – Shirley Isaacson
14 – Amy Wiskur	

PLEASE PRAY FOR THESE TRINITARIANS AND THEIR LOVED ONES THIS WEEK

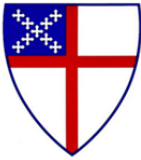
For ourselves, and for our families, and all those we love, especially for Annette, Ro, Barbara, Dan, Michelle, Angie, Jarrod, Ed G., Briana, Shirley I, Dave, Jessica, Jennice, Rochelle, Gill, Torney, Marion, Mary Jo, Doris, Mark, Linus, Sherry, David, Chris, Emily, Mike, Ray, Carl, Catherine, Michael all the residents and staff of Guardian Angels, Guardian Angels Board of Directors, Committees and Search Committee, Open Doors for Youth and Feed My Starving Children.

Holy Trinity is an Episcopal church in the worldwide **Anglican Communion which has 80 million members in over 160 countries.** We grew out of the Protestant Reformation and are both Protestant and reformed Catholic. Thank you for joining us today. If you should have any questions, please see Fr. Rob.

A SPECIAL MESSAGE FOR YOU OUR GUEST!

We extend a special welcome this morning to those who are single, married, divorced, gay, filthy rich, dirt poor and yo no hablo Ingles. We extend a special welcome to those who are crying newborns, skinny as a rail or could afford to lose a few pounds. We welcome you if you can sing like Andrea Bocelli or you can't carry a note in a bucket. You're welcome here if you're "just browsing," just woke up or just got out of jail. We don't care if you haven't been in church since little Bobbie's Baptism. We extend a special welcome to those who are over 60 but not grown up yet, and to teenagers who are growing up too fast. We welcome soccer moms, NASCAR dads, starving artists, tree-huggers, latte-sippers, vegetarians, junk-food eaters. We welcome those who are in recovery or still addicted. We welcome you if you're having problems or you're down in the dumps or if you don't like "organized religion". We've been there too. If you blew all your offering money at the horse track, you're welcome here. We offer a special welcome to those who think the earth is flat, work too hard, don't work, can't spell, or because Grandma is in town and wanted to go to church. We welcome those who are inked, pierced or both. We offer a special welcome to those who could use a prayer right now, had religion shoved down your throat as a kid or got lost in traffic and wound up here by mistake. We welcome tourists, seekers and doubters, bleeding hearts and YOU to Holy Trinity!

Fr. Rob and all the Holy Trinity Faith Community.



Holy Trinity Episcopal Church
1326 4th Street NW, PO Box 65 Elk River, MN 55330
763-441-5482 office@holytrinityelkriver.org



Home of The Angel of Hope
The Rt. Rev. Craig W. Loya, X Bishop of ECMN

Priest-in-Charge: Fr. Rob Cavanna	320-339-4852
Senior Warden: Daryl Herrmann	269-580-9040
Junior Warden: Gary Wedl	763-427-0776
Liturgy: Gail Weber	612-850-4250
Pastoral Care: Sandy Sisson	763-267-7623
Education: Megan Campbell	208-413-0619
Evangelism: Wes Gadsden	813-992-9949
Service: Dave Raitz	763-280-0786
Treasurer: Jeff Nagorski	763-234-5000
Secretary/Clerk: Joyce LeClaire	763-482-0170
Director of Music: Bea Bastyr	763-441-4068
Altar Guild: Gail Weber	612-850-4250
Women's Group: Linda Krieger	763-441-7072
Pauline Hoffine	763-688-4540
Men's Group: Dave Raitz	763-280-0786
Little Free Library Steward: Eric Hawkins	

Office Staff: Emily Granlund

Office Hours: Wednesday 10-4pm; Tuesday/Thursday: 10 am—3 pm,

Fr. Rob's Office Hours:

Wednesday: 10 am-4pm and by appointment

For emergencies please call Fr. Rob Cavanna

Cell Phone: 320-339-4852

fr.robavanna@gmail.com

Church website: holytrinityelkriver.org

feel the love!



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BULLETIN INSERTS

November 28, 2021 – Advent 1 (C)

First Week of Advent: Saying “Yes” to the Journey

As Advent begins this week, we invite you to orient yourself to the coming of Jesus at Christmas through the practices of *Journeying the Way of Love*. This journey begins by saying “yes” to God’s call to birth new life into the world—a call that is both powerful and gentle, a call that will, if fully embraced, grow beyond our imaginations, spilling out of ourselves and into our family, friends, community, and the whole world. Over the course of this holy season, we invite you to respond to that call using these daily practices, and encourage you to offer them to your friends, family, and neighbors.

For more Advent resources related to the Way of Love, visit episcopalchurch.org/wayoflove. There, you’ll find links to the full Advent curriculum *Journeying the Way of Love*, as well as *Living the Way of Love in Community*, a nine-session curriculum for use anytime.

Sunday, November 28

WORSHIP

Read Luke 21:25-36. How do the symbols of the Advent season help you understand the story of Jesus? Where do you see them in your worship today?

Monday, November 29

GO

Go out of your way to have a conversation with someone you might not normally visit with today. Ask God to open your heart to hear this person as God does.

Tuesday, November 30

LEARN

Read Matthew 4:18-22. How do these verses from Matthew inspire you to read Scripture with new eyes? Try reading several different translations of this passage. See how the language might change your reading of it.

Wednesday, December 1

PRAY

Pray along with the Collect for Advent 1, found on page 211 of *The Book of Common Prayer*. Set a timer for three minutes to sit in silence and hear what God might be saying back to you.

Thursday, December 2

BLESS

We know that angels are God’s special messengers to us, and that Gabriel spent intentional time with Mary, helping her to understand her part in God’s story. Who has shared an important lesson or their presence with you this week? Thank them today with a call or note.

Friday, December 3

TURN

Read Isaiah 58. How does this reading challenge you to think about feasts and festivals differently? How might this lesson change the way you celebrate or recognize this holy season?

Saturday, December 4

REST

Put your phone on airplane mode and leave it in a dresser drawer for an hour or two. Whatever happens in that time, you can handle later. Give this time to yourself and Jesus, to rest and recharge for the week ahead.



THE WAY OF LOVE
Practices for Jesus-Centered Life

BLUE CHRISTMAS SERVICE

of SOLACE and COMFORT



Wednesday

**December 8, 2021
6:30 pm**

**A Community Wide Service for
Those Living with Loss, Depres-
sion, Anxiety and Struggle and**

ALL ARE WELCOME!



HOLY TRINITY
EPISCOPAL CHURCH

763-441-5482
1326 4th Street
Elk River, MN

www.HolyTrinityElkRiver.org