

TRINITY TRIBUNE

Feel the love!



Sept. 2021

FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

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Da	ates to Remember
Sep	10:00am The 15th Sunday after Pentecost/Holy Eucharist
12	10:00am, The 16th Sunday after Pentecost/Holy Eucharist Great Fall Get Together Backpack Blessing
19	10:00am, The 17th Sunday after Pentecost/Holy Eucharist.
22	Vestry Meeting
26	10:00am, The 18th Sunday after Pentecost/Holy Eucharist
	Looking Ahead
	West Metro Mission Area Gathering
23	FMSC Ministry Day 11:30-1:15
Nov	Thanksgiving Eve

How to	Reach Us
	1324 Ath St

24 Eucharist

Address	1326 4th St. PO Box 65 Elk River, MN 55330			
Office Hours	Tues/Thurs 10:00am-3:00pm Wed. 10:00am- 4 :00pm			
Fr Rob's Office Hours	Wednesday 10:00am-4:00pm			
Phone	763-441-5482			
E-mail	office@ holytrinityelkriver.org			
Website	Holytrinityelkriver.org			
Twitter	Robert Cavanna			
Facebook	www.facebook.com/ HolyTrinityElkRiver			

On August 29, 2021, we will have offered 12 In-Person Eucharists. During the month of August, we will have completed our Meals on Wheels Ministry, continued with helping the food insecure of our region through CAER, held the first Women's Group Meeting since the pandemic began, held an All Parish Youth Pool party and held the first Theology And A Pint/ Hymn Sing Event. All in all it was busy and active month. I hope that more of you will choose to return back face to face and get back into the active and vibrant life of our growing and loving faith community. Please be assured that we are taking every precaution to ensure your safety and well-being. It's a very fluid situation and with the Pfizer vaccine getting FDA approval it should be a "game changer."

In any case throughout this difficult time, we all need to be practicing patience, a virtue which many of us don't have including myself. We want it done "yesterday," and because of the ever increasing speed of technology we want it instantly. "Immediate gratification" is a dominant part of our culture. For these reasons, I'd like to focus on what patience actually is and practicing it in every aspect of our lives.

Growing in patience is something we must learn and re-learn in life. The Oxford English Dictionary hints at some of the richness of the word "patience" and the diverse experiences it captures. Patience is "the calm abiding, a quiet, self-possessed waiting for something." Patience can also mean "a constancy in labor, exertion, and effort," such as we see in an artist honing his or her art. However the dictionary's primary definition points to how our growing in patience can be a miserable experience, literally. The English word "patience" comes from the Latin *patientia*, which is a "quality of suffering" - suffering with calmness and endurance, what the scriptures call "long-suffering." And suffering you often are as you wait hopefully, irritatedly, sometimes desperately for an answer, a resolution, a way forward. This kind of patience also means dependence, exposure, being an object of others' actions, intentions, or timelines. Living life patiently can be very difficult.

Living life patiently is not the only way to navigate life. Some situations we face in life require aggressive responses now!

Meanwhile patience also needs to be an active word in your soul's vocabulary or you will miss being present to a great deal of life. Life entails so much waiting. When the answer is not forthcoming, when something is not being resolved, when the door isn't being opened, when someone is not acquiescing, when you have lost any sense of controlling your circumstances, there is also an invitation for patience.

Patience is a way to wait and we don't have to look far for models. Waiting figures so prominently in the creation. The gestation and development of flowers and trees; of animals, fish, birds and human beings follows a cadence that resists being rushed. In a dark night, you may wish for the dawn to come soon; but, of course, it will come on its own time. Waiting invites our patience. Saint Francis de Sales, the 17th century Bishop of Geneva, said "What we need is a cup of understanding, a barrel of love, and an ocean of patience." But patience does not come easily to most of us for several reasons.

Our need to be patient may confound our own personal sense of privilege. Many people in western society have an ingrained presumption that we should <u>not</u> have to wait. Waiting is unacceptable. Financial lenders happily communicate that "You can have it all, you can have it now, and you should." There's no need to delay gratification. You don't have to wait. There's no need for patience. The message is that **waiting is a problem. Waiting is unacceptable.** The ever-increasing speed of the internet symbolizes this point. I did an online search on the topic of "patience," and in less then 1 second, I had about 277,000,000 results for "patience" but the rest of life is not like that in any way. **Life is full of waiting. Waiting invites our patience.**

A second reason why patience can be so difficult is because of our eagerness. This is not about agony but about ecstasy as we anticipate something good that is forthcoming in life. We can't wait for something to happen or for someone to arrive and we dance from foot to foot in the sheer delight that fills our imagination and keeps us awake. This can be the experience of wonder, the portal of joy, the anticipation of gratitude, the occasion for love. When you are in touch with this delightful *impatience*, cuddle yourself. Some of our eagerness for an anticipated experience is savoring it in advance. What fun! Eager impatience will take care of itself.

A third reason why patience can be so difficult is because of suffering. When someone says, "I'm waiting on [something]," this seldom comes with a sense of consolation. An imposed need to wait often implies a certain agony, or anguish, or anger. This kind of waiting may also seem vacuous, or unproductive, or useless, and yet life is full of waiting and invites our patience.

I want to invite you to not waste another day of waiting! Waiting is *not* the collateral damage of unwished-for circumstances. Instead, claim the recurring invitations for patience in your own life. Waiting can be our best teacher. Here are a few of the lessons that you might learn when you begin to not just accept but welcome times of waiting:

In the journey of your life, you will have certain plans, expectations, and desires, only some of which will be realized in the way and timeframe you desire. Your life's journey will also have many unanticipated stopping points and vistas only some of which you will have chosen and many of which will bring you to a complete stop. **Such is life.** American novelist Margaret Runbeck writes, "<u>Happiness is not a state to arrive at but a manner of traveling</u>." When you have no choice but to wait, open your eyes and open your heart to what you otherwise would have missed. You do not have what you were waiting for – what is next – but you do have what is <u>now</u>. Be present to what is <u>now</u>, which is also where you will find the companionship of God's real presence come to you in the waiting. This is the gift of patience. The psalmist says in Psalm 140 (1-2):

"I waited patiently upon the LORD; he stooped to me and heard my cry. He lifted me out of the desolate pit, out of the mire and clay; he set my feet upon a high cliff and made my footing sure.

• You may be fearful about what is ahead which you have no power to know. There is actually a certain freedom in this kind of powerless in *not* God knows. God knows *what* you do not know and God knows *that* you do not know. In the beginning of creation, God separates light from darkness. God creates a cadence of light and

darkness to fill each of our days. It is as true about the sky as it is for the soul. We can only bear so much light. We must wait. If there is too much light coming at us, we will be restless and blinded. Light can be as blinding as darkness. You will know only as much as you can bear. When you are in the dark, God is not in the dark. The psalmist writes about God: "Darkness is not dark to you; the night is as bright as the day; darkness and light to you are both alike. "Psalm 139:1-11. If you are in the dark about something, your waiting invites patience for the dawning. The dawn will come.

- Our having to wait may be a great kindness of God. The scriptures consistently refer to us as "children of God" (not "adults of God"). Children are not developmentally ready to know everything at once. There is a progression in our capacity to know, which God knows. Saint Peter awakened to this realization. He writes, "Beloved, while you are waiting, be at peace, without spot or blemish; and regard the patience of our Lord as salvation." 2 Peter 3:9, 15. Our experience of having to wait may, in actuality, be *God's* experience of waiting *on us* until we are ready to know more. Take heart. Wait with patient expectation for God's steady growth within you. And pray for the gift of patience, the patience that *God* has, for the other people who come into your life.
- Having to wait may prove a purgative for our soul. **You will not always get what you want in life.** And thank goodness for that. As I reflect back in my own life, I teem with gratitude for so many things I thought I wanted but was denied. I realize had thisor-that, such-and-such have happened, or not happened, I would have ended up in a very different place. T. S. Eliot in **Four Quartets** writes of how we often hope for or love what proves to be the wrong things and how "the faith and the love and the hope are all in the waiting. Wait without thought for you are not ready for thought: so the darkness shall be the light, and the stillness the dancing."
- Waiting patiently is important in our repertoire for living life fully and freely; however I am not suggesting being passive in life. Waiting patiently is <u>not</u> about bearing one blow, one neglect in life after another, with our only response being a limp resignation. Waiting patiently is not a limp submission. Rather, waiting patiently is an active acquiescence to God's being at work in our life in ways beyond what we could ask or imagine, including in our waiting. Ephesians 3:20-21. We read in the Gospel according to Matthew, "You must be ready, for the Son of Man is coming at an hour you do not expect." Matthew 24:41-42 This is a word of promise. It is not a caution about how God *might* come to us in the end but an assurance of how God *does* come to us all the time. Waiting patiently is *so* full of promise. We can expect that God will come to us, again and again, even unexpectedly. Look for it; watch for it; wait for it. Simone Weil, the great French spiritual writer and political activist of the 1940s, writes, "waiting patiently in expectation is the foundation of the spiritual life." Wait patiently with great expectations.
- And finally, one last word about living life patiently, taken from the life of Jesus. Both the Nicene and Apostles' Creeds affirm Jesus was born, was crucified, was resurrected, and ascended. Only one word is used to describe his entire lifetime in between those major events: he "suffered." Jesus suffered. For God to become human, for God to fully identify with humanity, for God to meet us and save us, it was necessary for God to suffer as we do. **God suffers with us in Jesus.** Hans Küng, the Swiss theologian, said that "God's love does not protect us from suffering. God's love protects us in the midst of suffering."

Suffering is so paradoxical. Suffering can bring such diminishment and distortion to people. Suffering can extinguish their joy, bury their hope, destroy their spontaneity, consume their consciousness. If you have suffered – and we all have – you will know how compromising suffering can be. Suffering hijacks. We want out of suffering. To not want out of suffering is its own illness.

And yet, suffering is not the last word. Usually not. The alchemy of suffering is often so

amazing. Because someone's suffering can also engender in a person such beauty, such compassion, such gentleness, such freedom, such humility, such clarity to be able to be fully alive in the present moment. Jesus tells us he has come to give us "life," and to give it to us abundantly. John 10:10. "Life" for Jesus, includes the cross and all the suffering that led up to it. But suffering is not the last word. Usually not. Elisabeth Kübler-Ross, the Swiss-American psychiatrist who wrote with such insight about suffering and death, said that "the most beautiful people we have known are those who have known suffering, known defeat, known struggle, known loss, and have found their way out of the depths... Beautiful people do not just **happen.**" Recognizing the beauty in other people who have known the crucible of suffering and recognizing the beauty in our own lives that has come from our own suffering, may give us the gift of hope to wait patiently in the suffering that will inevitably confront us throughout our lifetimes. Romans 8:24-25. For you to have to wait patiently, yet again, is promising: promising of God's presence and God's provision, just as you have known in your past. Is it here now? Perhaps not yet. Just you wait.

Pray that you and I cultivate and practice patience everyday not only with ourselves but also with others in our family, neighborhood and at Holy Trinity.

Please be with your friends and sisters and brothers in Christ on September 12, 2021, for the **Great Holy Trinity Fall Get Together.** We begin at 10:00 am with the Eucharist and the Holy Baptism of Eloise Charlotte Krieger. Join with Matt Krieger and Steph Krieger and the entire Krieger Family for this very special occasion in their lives and the life of Holy Trinity! Let's have a dynamic **Homecoming** this Sunday face to face, masked, reunited in love, hope and peace!

This is the beginning of our program/academic year. Sunday school begins that day and be sure to bring backpacks to be blessed that Sunday. There will be many opportunities this month to engage in ministries. Check them out and be the hands and feet of Christ in the world. YOU are truly missed! Come back and be refreshed, renewed and re-energized! You won't be disappointed! Bring the entire family! Your Vestry is doing everything possible to ensure that your health and well being is secure.

Stay well, be good of heart and let go, let God!

Devotedly in Christ, Fr. Rob+

SERVICE DAVE RAITZ

Nothing earth shaking to report. The city park we've partnered with Elk River to maintain still looks in good shape. Being a smaller park it may only get local kids from the neighborhood. The grass is just as brown as all of our lawns.



Thanks Ya'll, Dave Raitz

MEN'S GROUP DAVE RAITZ

The Vestry has given the go ahead for our first maintenance project. In the near future we will power wash and stain the ramp on the east side of the church. I'm not sure it was originally stained. Anyone . . . anyone who would like to offer help let me know. This could be a parish-wide effort. Thanks Ya'll Dave Raitz



LITURGY/WORSHIP

GAIL WEBER

Fellow Trinitarians:

We are back in the pews! And some of us are just relieved. Same spot, same pew, same liturgy, same hymnal, same Book of Common Prayer still red . . . and then there are some who rather enjoyed eating waffles on the porch listening to Father Rob in between sips of coffee. But most of all we are just glad to see each other and worship together.

Our way back has not been easy and not without controversy. Some wanted to be back ASAP and some were more cautious. So we tried to listen to everyone including the diocese and the CDC and came up with a re-gathering plan. It was quite strict at first with masks and 6ft apart etc, but gradually relaxed as the situation warranted. Bea Bastyr is playing the music on the piano and again on the organ. The organ was broken, sadly, but is now fixed.

Now, of course, we have many new questions: will we ever drink from the common cup, will we ever be able to eat Ben Bastyr's kolaches at coffee after church, will we keep our new Facebook friends and probably the most pressing question, will we be able to keep going to church together? For now we are gathering, masked or unmasked, fist pumping or elbow bumping, eating our dry wafers and wishing for a little sacramental wine.

Gail Weber,

Liturgy//Worship

EDUCATION Mo Campbell

How is the summer already over?! Time has flown by with sunny days, swim days, camping, and seeing family. I hope you and yours were able to squeeze the most out of the season, too! On August 21st I hosted the All-Parish Youth Swim Party. It was a fun afternoon of friendship, snacks, laughter, and SWIMMING! I missed those that were unable to attend and hope you will consider coming to the next Youth event.

Personally, I am looking forward to the Great Fall Get Together on September 12th. Father Rob will be blessing our kiddos backpacks, we will have refreshments on the lawn, there will be a baptism, and I get to introduce our new Sun- Left to right: Gabriel Campbell, Daniel Wilson, Bruce Wilson, day School curriculum! That's right. Sunday Gideon and Elijah Campbell. School will officially be back! I have a new curriculum that works for many ages, so don't be shy about bringing your children to check it out. Does it get any better? I hope to see all of you there!

With Kind Regards, Mo Campbell



Notes from the Vestry

Much of the news from the Vestry in covered in member reports in this newsletter. The last newsletter included a report from your delegates about the West Metro Mission meeting as well as the shawl committee report.



During the August meeting the Vestry heard and discussed Father Rob's monthly report of his many activities which included planning special parish gatherings, a Vestry retreat, community service projects such as Feed My Starving Children, a myriad of other projects in addition to daily responsibilities of a Priest in Charge of a faith community.

We discussed the pros and cons of including wine at communion during this pandemic. We also heard a report of the recent meeting of the Emergency Management Committee. The committee met recently with Rachel Babbit from ECMN to clarify social gathering options during COVID.

There was a report on the feasibility of installing a sprinkling system in the church, benefits and/or concerns of being designated an historical site on the National Registry. (We are currently so designated in the Sherburne County registry.)

The difficult and cumbersome process of converting our internet/electronic system from DSL to Cable is finally completed and working! Now the challenge will be to learn the many new and exciting ways this can facilitate and enrich the function of the work and faith life of Holy Trinity.

According to the Canons of the Episcopal Church, the parish priest is responsible for the spiritual affairs of the parish. The Vestry is responsible for the temporal affairs of the parish. Please pray for your Vestry members as we retreat to discern how to best serve you in the coming year.

RAKE THE TOWN—GREAT RIVER FAITH IN ACTION

Hello Church Leaders,

Fall is just around the corner and we are busy planning for Faith in Action's Annual Rake the Town Event!! This year we are looking at coordinating volunteers for over 75 yard clean ups in our area!! WOW! God is Good!! Would your church body be interested in joining us for this fun event? Individuals, groups and families are all welcome to join us!! Some of you have already contacted signed up - thank you!



Rake the Town doesn't have a set day or time, so your group can plan for a day and timeframe that works best for you! Usually the end of October/beginning of November is best. Yet we live in Minnesota, so it could snow too!! We have many clients that are elderly or disabled, and this small act of service helps them be able to stay in their own home safely. It's also an amazing way of sharing Jesus love with them and reminding them that their community cares about them.

Please let us know if you are interested in joining us for this fun, family event!

Blessings, Maureen Baty Great River Faith in Action



ECMN Convention 2021

Save the Date! November 5-6, Bemidji

After a long and difficult year apart from one another, we are eager to gather again in the flesh in November for our Episcopal Church in Minnesota "family reunion." During our time together, we'll take care of canonical business, including electing members to our governing bodies, considering resolutions, and reviewing the financial statement of mission. We'll hear stories from across the diocese and, most importantly, we'll reacquaint ourselves with who we are as the people of the Episcopal Church in Minnesota.

The Logistics:

Registration is forthcoming. As usual, canonically-resident clergy must register, and lay delegates from faith communities must be registered and certified.

Resolutions

Resolutions may be proposed for discussion, consideration and adoption at ECMN Convention. Resolutions are meant to express the will and intent of convention, and can range in scope from justice issues to governance issues. If you have an issue you're considering conforming into a resolution, please communicate with the Secretary of Convention, Karen Olson, at karen.o@episcopalmn.org. All resolutions must be submitted to the Constitutions, Canons and Resolutions Committee by August 6th.

Elected Bodies Nominations and Applications

There are four canonically-mandated committees within the Episcopal Church in Minnesota that make up the Elected Bodies: Council, Standing Committee, the Trustees, and the Commission on Ministry. Each body is made up of lay and clergy leaders, most of whom are elected at Convention each year. The Elected Bodies speak and make decisions on behalf of the people of the diocese, and influence everything from the financial statement of mission to the ordination of new clergy to the work of diocesan formation.

Between now and early August, you are invited to spend some time learning about the Elected Bodies and to prayerfully consider whether you or a member of your congregation may be called to serve on an Elected Body. ECMN's diversity is a gift from God, and our Elected Bodies will be more effective discerners and leaders when they include a representative variety of perspectives.

To apply to be a candidate for an Elected Body yourself, please find the application at: https://episcopalmn.org/ecmn-convention

Applications are due September 6th.

The Business Booklet will be published October 6th.



Renew Worship & Blessing of Backpacks

And Refreshments

September 12, 2021

Opening Day of 2021/22 Sunday School



BE BLESSED THIS YEAR

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Holy Trinity Happenings-Pentecost

Looking Ahead: September/October

Sept. 5th 10:00am, **15th Sunday after Pentecost**, Holy Eucharist

Sept. 11th 9:30am, **Women's Group Meeting**Moyer Parish Hall

Sept. 12th 10:00am, **16th Sunday after Pentecost**, Holy Eucharist

Sept. 12th Baptism of Eloise Krieger

Sept. 12th Holy Trinity Great Fall Get Together

Sept. 19th 10:00am, **17th Sunday after Pentecost**, Holy Eucharist

Sept 22nd Vestry Meeting 11:00 am

Sept. 26th 10:00am, **18th Sunday after Pentecost**, Holy Eucharist

Oct. 2nd West Metro Mission Area Gathering

Oct. 23rd 11:30 am-1:15pm - **Feed My Starving Children**, Coon Rapids.



ONE MORE LOCAL PROTEIN, TBD

(FERNDALE MARKET- CANNON FALLS MN)



FEED MY STARVING CHILDREN MINISTRY DAY

Saturday, October 23, 2021, 11:30am-1:15pm

Won't you join with other Trinitarians to pack food for starving children around the world?

Sign up sheet is on the clipboard next to the office.

Special Blessings to all our September Birthday Trinitarians!

- 07 Joanie Nichols
- 08 Sue Nagorski
- 13 Adelle Robinson
- 21 Rebeccah Svoboda
- 25 David Raitz
- 28 Danny Liberto
- 29 Olive Taylor
- 30 Torney Marshall



EC+

Central and West Metro Mission Area Gathering Saturday, October, 2: 9am - 11am

On behalf of your council representatives, ECMN Missioners, and Bishop Loya please plan to attend our joined Mission Area gathering on Saturday Oct. 2nd beginning at 9:00am, via Zoom.

We are excited to be gathering as a joined metro group this fall. Our gathering will give us opportunity to share stories, discipleship practice, small group discussions and hear from our Bishop as he presents the FSM budget and narrative that goes along with it. Register online at ECMN.

Feast Days in September

14th Holy Cross Day

21st Feast of St. Matthew, Apostle and Evangelist

29th St. Michael and All Angels

Looking Ahead: Sept/Oct

Sept. 12th Great Holy Trinity Fall

Get-Together

Oct. 23rd Feed My Starving Children

Ministry Day 11:30am-1:15pm FMSC Headquarters, Coon Rapids

For emergencies please call Fr. Rob Cavanna

Cell Phone: 320-339-4852 fr.robcavanna@gmail.com Church website: holytrinityelkriver.org

feel the love!

Altar Guild	Gail Weber 612-850-4250	
Meals on Wheels	Lyla Aaland 763-218-6076	
Choir/Musicians	Lyla Aaland 763-218-6076 Bea Bastyr 763-441-4068 Contact the Church Office Entire Parish Contact the Church Office Linda Krieger 763-441-7072	
Chalice Bearers/ Acolytes	Contact the Church Office	
Feed My Starving Children	Entire Parish Contact the Church Office	
Women's Group	763-441-7072 Pauline Hoffine	
Men's Group		



Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. ~~Thank you!~~

Liturgy Ministry Rota —Pentecost Season

Altar Guild: Gail Weber and Briana Robinson

Ministry	Sept 5	Sept 12	Sept 19	Sept 26	Oct 3rd
Greeter	Jeanne Simonson	Ginny Anderson	Dan Krieger	Dick Anderson	Ann Wedl
Usher	Walter Kaminsky	Ben Bastyr	Gary Wedl	Jerry Waite	Dustin Campbell
Acolyte	Daryl Herrmann	Jon Lloyd	Mo Campbell	Daryl Herrmann	Elijah Campbell
1st Reader	Larry Brugger	Gail Weber	Mary Brugger	Dustin Campbell	Mo Campbell
2nd Reader	Eric Hawkins	Daryl Herrmann	Mary Dare	Marion Marshall	Larry Brugger
Prayers	Linda Krieger	Pauline Hoffine	Jane Lindenfelser	Sue Nagorski	Eric Hawkins

ACOLYTES

We are in desperate need of men and women acolytes. Please see Fr. Rob or email the office of your interest.



Counters are needed to count the Sunday

Offering, record it and work with Jeff Nagorski.

Directories and Newsletters can be found on the literature rack by the office.



Our Mission Statement

Holy Trinity is a diverse, multi-cultural, growing, dynamic faith community rich in liturgy and music that serves Christ in all persons and does God's work in the world.

HOLY TRINITY EPISCOPAL CHURCH			HTEC VESTRY MEMBERS		
Priest-in-Charge:	Fr. Rob Cavanna	320-339-4852	Senior Warden:	Daryl Herrmann	269-580-9040
Parish Admin:	Emily Granlund	763-262-6781	Junior Warden:	Gary Wedl	763-427-0776
Director of Music:	Bea Bastyr	763-441-4068	Service:	Dave Raitz	763-280-0786
Head Usher:	Dan Krieger	763-441-7072	Liturgy:	Gail Weber	612-850-4250
Altar Guild Chair:	Gail Weber	612-850-4250	Education:	Mo Campbell	218-413-0619
Women's Group Co-Chairs:		763-441-7072 763-688-4540	Evangelism:	Wes Gadsden	813-992-9949
Marria Graves Chaire	D D ::	762 444 4060	Pastoral Care:	Sandy Sisson	763-267-7623
Men's Group Chair:	Dave Raitz	763-441-4068	Treasurer:	Jeff Nagorski	763-234-5000
Youth/Sunday School:	Mo Campbell	763-355-9049	Vestry Clerk:	Joyce LeClaire	763-482-0170



September 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
THE CHUR logethe	СН		10 am-4 pm Fr. Rob's office hours & Fr. Rob by appt	2	3	4
5 10:00 am, Holy Eucharist/15th Sunday after Pentecost	G Labor Day	7	8 10 am-4 pm Fr. Rob's office hours & Fr. Rob by appt	9	10	Women's Group 9:30 am Moyer Parish Hall
12 10:00 am, Holy Eucharist/16th Sunday after Pentecost Baptism of Eloise Krieger HTEC Fall Get Together Blessing of Backpacks	13	14 Holy Cross	10 am-4 pm Fr. Rob's office hours & Fr. Rob by appt	16	17	18
19 10:00 am, Holy Eucharist/17th Sunday after Pentecost	20	21 Feast of St. Matthew	22 10 am-4 pm Fr. Rob's office hours & Fr. Rob by appt Vestry Meeting	23	24	25
26 10:00 am, Holy Eucharist/18th Sunday after Pentecost	27	28	29 10 am-4 pm Fr. Rob's office hours & Fr. Rob by appt	LET THE SPIRIT RENEW AND AUTHOUSES	Bles of t Backpac Sept 12th	sing he ks