

# The Tenth Sunday after Pentecost August 1, 2021

Welcome!

Feel the love!

Celebrant and Preacher: The Rev. Dr. Rob Cavanna

# **Welcome guests to our Faith Community!**

Holy Trinity is a place where you can connect with people COMMUNION you can relate to and where you'll find lasting relationships.



We are a child friendly faith community. The kids process in with the Altar party and then proceed to the Parish Hall for Sunday School. We welcome kids with their noises and fidgeting. As a parent, you may want some time to pray and listen.

We have a staffed nursery person for kids 5 and under. Just bring them into the Parish Hall by going out the side door in the church if you haven't done so before the service. We affirm all youth and their families.

# THANK YOU FOR BEING QUIET BEFORE THE SERVICE SO PEOPLE CAN PRAY! Please turn off all electronic devices throughout the service out of respect for others and the liturgy!

We're glad to have you with us today, in person and on Facebook!

Prelude Bea Bastyr

# The Liturgy of the Word

Please stand.

# **Processional Hymn**

"I Come with Joy to Meet My Lord" Hymn #304

#### **Opening Sentences**

Celebrant Blessed be God: Father, Son and Holy Spirit.

*People:* And blessed be God's kingdom, now and for ever.

Amen.

Celebrant:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.** 

**Glory to God** 

S 280

(front of hymnal)

# The Collect of the Day

Celebrant The Lord be with you. People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

O God, who on the holy mount revealed to chosen witnesses your well-beloved Son, wonderfully transfigured, in raiment white and glistening: Mercifully grant that we, being delivered from the disquietude of this world, may by faith behold the King in his beauty; who with you, O Father, and you, O Holy Spirit, lives and reigns, one God, for ever and ever. **Amen**.

God of justice, in your wisdom you create all people in your image, without exception.

Through your goodness, open our eyes to see the dignity, beauty, and worth of every human being. Open our minds to understand that all your children are brothers and sisters in the same human family. Open our hearts to repent of racist attitudes, behaviors, and speech which demean others. Open our ears to hear the cries of those wounded by racial discrimination, and their passionate appeals for change. Strengthen our resolve to make amends for past injustices and to right the wrongs of history. And fill us with courage that we might seek to heal wounds, build bridges, forgive and be forgiven, and establish peace and equality for all in our communities. In Jesus' name we pray. **Amen**.

#### The Lessons

2 Samuel 11:26-12:13a

Lector A Reading from 2 Samuel

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the Lord, and the Lord sent

Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity."

Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the Lord."

(pause)

Lector Here ends the Reading. People **Thanks be to God.** 

The Psalm Psalm 51:1-13

Have mercy on me, O God, according to your loving-kindness; \* in your great compassion blot out my offenses.

Wash me through and through from my wickedness \* and cleanse me from my sin.

For I know my transgressions, \* and my sin is ever before me.

Against you only have I sinned \* and done what is evil in your sight.

And so you are justified when you speak \* and upright in your judgment.

Indeed, I have been wicked from my birth, \* a sinner from my mother's womb.

For behold, you look for truth deep within me, \* and will make me understand wisdom secretly.

Purge me from my sin, and I shall be pure; \* wash me, and I shall be clean indeed.

Make me hear of joy and gladness, \* that the body you have broken may rejoice.

Hide your face from my sins \* and blot out all my iniquities.

Create in me a clean heart, O God, \* and renew a right spirit within me.

Cast me not away from your presence \* and take not your holy Spirit from me.

Give me the joy of your saving help again \* and sustain me with your bountiful Spirit.

# The Second Reading

**Ephesians 4:1-16** 

Lector A Reading from Ephesians

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling,

one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive; he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

(pause)

Lector: Here ends the Epistle. People Thanks be to God.

## **Sequence Hymn**

"O Day of Radiant Gladness"

Hymn #48

John 6:24-35

Please stand

# **The Gospel**

*Celebrant* The Holy Gospel of Our Lord and Savior Jesus Christ according to John.

People Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat." Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Celebrant The Gospel of the Lord.

*People* Praise to you, Lord Christ.

# Sermon/Message

The Rev. Dr. Rob Cavanna

Here is a little space for you to make notes of things you want to remember. (Silence and Reflection)

Please stand.

#### The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,

eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius P

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of the People

Please kneel or stand.

Celebrant Gracious and generous God, in Christ you have given us the true bread from heaven which gives life to the world: Hear us as we call upon you, and give us all that we need to lead a life worthy of the calling to which we have been called, as we say: Create in us a clean heart, O God, and renew a right spirit within us.

Leader Benevolent and kind God, you have given the Church gifts as apostles, prophets, evangelists, pastors and teachers to equip the saints for the work of ministry: Build up the body of Christ until all of us come to maturity, to the measure of the full stature of Christ.

Create in us a clean heart, O God,

#### and renew a right spirit within us.

Just and compassionate One, raise up for us prophets like Nathan to speak truth to power when those in authority abuse the weak or act unjustly.

Create in us a clean heart, O God,

#### and renew a right spirit within us.

Merciful and powerful One, look upon all who suffer throughout the world and spread such humility, gentleness and patience throughout humanity, that we may bear with one another in love, bringing food to the hungry and drink to the thirsty.

Create in us a clean heart, O God,

# and renew a right spirit within us.

Amiable and bounteous One, open our eyes in this growing faith community to see the abundant gifts you give us, so that everyone may turn away from our efforts to gain those things that perish and work instead for the food that endures for eternal life.

Create in us a clean heart, O God,

#### and renew a right spirit within us.

Loving and healing God, we offer to your generous hand everyone for whom we pray, especially our athletes in the Olympic games.

We bring our words of grateful thanksgiving, especially for the ministry of

Feed My Starving Children.

May all who have died feast with Christ, the bread of life, at the banquet table of your eternal life.

Create in us a clean heart, O God,

#### and renew a right spirit within us.

Celebrant In Christ you have called us to the one hope of our calling, one Lord, one faith, one baptism: Feed us with your Spirit, Our Holy God, that we may build up your creation in love, and grow up in every way into him who is our head, Jesus Christ our Savior. **Amen.** 

#### **Confession of Sin**

Please kneel or stand.

Celebrant Let us confess our sins against God and our neighbor.

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

#### The Peace

*Celebrant* The peace of Christ be always with you.

People And also with you.

# **The Holy Communion**

Celebrant Walk in love as Christ loved us and gave himself for us, an Ephesians 5:2 offering and sacrifice to God.

Offertory Bea Bastyr

Thank you for keeping up your pledges and your contributions. If you would like to donate today, go to our website, www.holytrinityelkriver.org, and click on the Donate button in the upper right-hand corner. You may also wish to designate us as your charity at Amazonsmile.com. Thank you very much for your generosity. Donate

Please stand.

# The Doxology

Celebrant & People Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost. Amen.

Please kneel or stand.

# The Great Thanksgiving The Holy Communion **Eucharistic Prayer B**

Celebrant The Lord be with you. People And also with you. Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus Holy, Holy, Holy Lord S 130 (front of hymnal)

Please kneel or stand.

Celebrant

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.** 

And now, as our Savior Christ has taught us, we are bold to say:

Our Father in heaven,
hallowed be your Name, your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours, now and for ever. Amen.

## The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant We break this bread to share in the Body of Christ.

People We who are many are one body, for we all share in the one bread.

Jesus Lamb of God S 164 (front of hymnal)

*Celebrant* The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

This is God's table and all baptized persons are invited to receive communion. You may kneel or stand to receive the Holy Sacrament. If you cannot come to the front, we will bring Communion to you. No one should be embarrassed to have Holy Communion brought to them.

The bread and Chalice are given to the communicants with these words: The Body (Blood) of Our Lord Jesus Christ keep you in everlasting life. Person responds: **Amen.** 

## **Communion Hymn**

"My God, Thy Table Now Is Spread"

Hymn #321

# **Prayer After Communion**

Please kneel or stand.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen

#### **Announcements**

## The Final Blessing

Please kneel or stand.

May God the Creator always give you the bread from heaven which gives life to the world and endures for eternal life. **Amen.** 

May Christ the Son give you gifts for building up the body of Christ, bearing with one another in love until you come to maturity, to the measure of the full stature of Christ. **Amen.** 

May God the Holy Spirit empower you to lead a life worthy of the calling to which you have been called, to maintain the unity of the Spirit in the bond of peace. **Amen.** 

And the blessing of our nurturing God, Father, Son, and Holy Spirit, be with you and strengthen you always. **Amen.** 

# **Recessional Hymn**

"Guide Me, O Thou Great Jehovah"

Hymn #690

#### The Dismissal

*Celebrant* Let us go out into the world seeking and serving Christ in all persons in the name of the Holy Trinity.

People Thanks be to God.

**Postlude** Bea Bastyr

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#### A SPECIAL MESSAGE FOR YOU OUR GUEST!

We extend a special welcome this morning to those who are single, married, divorced, gay, filthy rich, dirt poor and yo no hablo Ingles. We extend a special welcome to those who are crying newborns, skinny as a rail or could afford to lose a few pounds. We welcome you if you can sing like Andrea Bocelli or you can't carry a note in a bucket. You're welcome here if you're "just browsing," just woke up or just got out of jail. We don't care if you haven't been in church since little Bobbie's Baptism. We extend a special welcome to those who are over 60 but not grown up yet, and to teenagers who are growing up too fast. We welcome soccer moms, NASCAR dads, starving artists, tree-huggers, lattesippers, vegetarians, junk-food eaters. We welcome those who are in recovery or still addicted. We welcome you if you're having problems or you're down in the dumps or if you don't like "organized religion". We've been there too. If you blew all your offering money at the horse track, you're welcome here. We offer a special welcome to those who think the earth is flat, work too hard, don't work, can't spell, or because Grandma is in town and wanted to go to church. We welcome those who are inked, pierced or both. We offer a special welcome to those who could use a prayer right now, had religion shoved down your throat as a kid or got lost in traffic and wound up here by mistake. We welcome tourists, seekers and doubters, bleeding hearts and YOU to Holy Trinity!

Fr. Rob and all the Holy Trinity Faith Community.

## Special Blessings to all our August Birthday Trinitarians!



- 06 Marion Marshall
- 13 Annette Durst
- 15 Christine Peterson
- 18 Bob Sobalvarro
- 18 Nancy Ingram
- 19 Isabélle Štewart
- 22 Bea Bastyr
- 22 Steve Schroeder
- 23 Molly Liberto
- 28 Eric Andersen
- 28 Ian Richard Ngoye
- 30 Prudy Wilson

# **Liturgy Ministry Rota** —Pentecost Season

Altar Guild: Gail Weber and Scott Svoboda

Ministry	July 25	Aug 1	Aug 8
Greeter	Jane Lindenfelser	Dick Anderson	Jeanne Simonson
Usher	Ben Bastyr	Gary Wedl	Dave Raitz
Acolyte	Mo Campbell	Daryl Herrmann	Daryl Herrmann
1st Reader	Eric Hawkins	Marion Marshall	Larry Brugger
2nd Reader	Mary Brugger	Mary Dare	Daryl Herrmann
Prayers	Sue Nagorski	Mary Brugger	Linda Krieger
Ministry	Aug 15	Aug 21	Aug 29
Ministry Greeter	Aug 15  Jane Lindenfelser	Aug 21 Ginny Anderson	Aug 29  Daryl Herrmann
(1). KN N(1424). C	SUM STOCK OF THE STOCK OF TEXAS	CESTIMISTOS SA TOURNAM	MI ZAM PROMISSION OF THE
Greeter	Jane Lindenfelser	Ginny Anderson	Daryl Herrmann
Greeter Usher	Jane Lindenfelser Dick Anderson	Ginny Anderson  Dan Krieger	Daryl Herrmann Ben Bastyr
Greeter Usher Acolyte	Jane Lindenfelser  Dick Anderson  Mo Campbell/Elijah	Ginny Anderson  Dan Krieger  Ann Wedl	Daryl Herrmann Ben Bastyr Elijah Campbell

Please! If you're not able to serve, please find your replacement.



# **Feed My Starving Children**

Oct. 23, 2021

11:30am-1:15pm

Please sign up on the sheet on the table by the office.

# Message From Our Bishop Contending with our Dark Legacy

Beloved in Christ,

Last week, the remains of nine Lakota children who died at a residential boarding school more than one hundred years ago were returned to their home in South Dakota, on the lands of the Sicangu Lakota Oyate. Many of you know that I was sponsored for ordination and served my first cure on the Rosebud Mission, home of the Sicangu Lakota. Watching that solemn procession on roads I have driven hundreds of times, and seeing photos of the ceremony in a university gymnasium where I attended a number of celebrations, funerals, and other gatherings, was a particularly heavy personal moment in the reckoning around the grim legacy of boarding schools for Indigenous children that has been emerging since the discovery of the remains of more than 1100 children in Canada early this summer.

These discoveries are a painful reminder of what we have long known: our nation, even as it was being founded on the principles of equality and justice, carried out a program cultural genocide against the Indegenous peoples of this land, and Christian churches, including our own Episcopal Church, often helped the government carry out that program.

Government and church boarding schools attempted to erase the cultural identity of children, who were often removed from their families against their will, through intentional and violent tactics. Even more shameful and tragic for us is that this program was often carried out by followers of Jesus, who believed they were helping to carry out God's will.

As a bishop of a church that inherits such a dark legacy, it is my duty to continually apologize and repent of the horrific sins carried out by people like me, in the name of the God I love and the church I have given my life to. I invite all of you who are members of our church to do the same. While the Diocese of Minnesota did not directly operate any boarding schools, we share in the complicity of these atrocities, and we have our own complex and often sinful legacy with the Dakota and Anishinaabe

people on whose lands we still live and minister. While the recent discoveries in Canada are a fresh reminder of the harm done, we have known about the dark legacy of boarding schools for a long, long time.

ECMN has made a priority of racial justice and healing, and the ongoing work of healing from this legacy will need to be a central part of the unique way we carry out this work in Minnesota. Our principle sin was not simply racism against Indigenous peoples, but the ways in which we were quick to collude with the forces of political power and confuse our mission of building God's reign of love with the state's agenda of empire and conquest.

As followers of Jesus, we are always called to help the nation we live in become the best version of itself, and to use our political and economic influence to help shape it in a more just and loving direction. However, we are also called to remember that the cross and the flag mark different identities, and our legacy with boarding schools is a reminder of the danger of draping the cross with the flag, of to easily blurring the mission of God with the mission of a particular culture or state.

I have said before that the work of racial justice and healing must form a core part of the work of the rest of our lives. In May, I outlined some of the next steps in our work as a diocese together. For us, this work is not an issue of social justice, but a core part of what it means to be disciples of Jesus, committed to repenting whenever we fall into sin, to seeking and serving Christ in all persons, loving our neighbors as ourselves, and respecting the dignity of every human being. We are called to offer the world a preview of God's perfect reign of peace, the Beloved Community, where diversity and difference are gifts to be received and celebrated, and where connections across difference offer us a fuller preview of God's kingdom come, on earth as it is in heaven.

Grace and peace, **The Right Revered Craig Loya**X Bishop of ECMN

# Faithful Innovation: Vanne Owens Hayes

Holy Trinity St. Paul lay leader Vanne Owens Hayes is hosting a podcast, *Keepin' On*, on behalf of Walker West Music Academy. Vanne's ministry includes working with and advocating on behalf of elders, and this series of conversations with elders about the importance of music in life's journey is a true expression of Vanne's calling. Vanne says:



Although the series is targeted to those 55 and over, I believe it will appeal to all ages, whether at

life's sunrise or closer to the sunset. Please listen and be inspired by the stories shared, the insight offered, and the spirit of connecting to others through music.

Check out all six episodes of Keepin' On here.

# PLEASE PRAY FOR THESE TRINITARIANS AND THEIR LOVED ONES THIS WEEK

For ourselves, and for our families, and all those we love, especially for Annette, Ro, Barbara, Dan, Michelle, Angie, Jarrod, Ed G., Briana, Shirley I, Dave, Jessica, Jennice, Rochelle, Gill, Torney, Marion, Mary Jo, Doris, Mark, Linus, Sherry, Dick, David, Chris, Emily, Mike, Ray and all the residents and staff of Guardian Angels, Open Doors for Youth and Feed My Starving Children.

Counters are needed to count the Sunday Offering, record it and work with Jeff Nagorski This could be you!



#### USHERS & USHERS & USHERS

We are in desperate need of men and women ushers. Please see Fr. Rob or Dan Krieger or email the office of your interest.



#### Holy Trinity Episcopal Church 1326 4<sup>th</sup> Street NW, PO Box 65 Elk River, MN 55330 763-441-5482 office@holytrinityelkriver.org



Home of The Angel of Hope

#### The Rt. Rev. Craig W. Loya, X Bishop of ECMN

Priest-in-Charge: Fr. Rob Cavanna	320-339-4852
Senior Warden: Daryl Herrmann	269-580-9040
Junior Warden: Gary Wedl	763-427-0776
Liturgy: Gail Weber	612-850-4250
Pastoral Care: Sandy Sisson	763-267-7623
Education: Megan Campbell	208-413-0619
Evangelism: Wes Gadsden	813-992-9949
Service: Dave Raitz	763-280-0786
Treasurer: Jeff Nagorski	763-234-5000
Secretary/Clerk: Joyce LeClaire	763-482-0170
Director of Music: Bea Bastyr	763-441-4068
Altar Guild: Gail Weber	612-850-4250
Women's Group: Linda Krieger	763-441-7072
Pauline Hoffine	763-688-4540
Men's Group: Dave Raitz	763-280-0786

Little Free Library Steward: Eric Hawkins

Office Staff: Emily Granlund

Office Hours: Wednesday 10-4pm Tuesday—Thursday: 10 am—3 pm,

Fr. Rob's Office Hours:

Wednesday: 10 am-4pm and by appointment

# For emergencies please call Fr. Rob Cavanna

Cell Phone: 320-339-4852 fr.robcavanna@gmail.com

Church website: holytrinityelkriver.org

feel the love!

