



HOLY TRINITY
EPISCOPAL CHURCH

TRINITY TRIBUNE

Feel the love!



February 2020

FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

Dates to Remember

1	9:00am Women's Group
2	10:00am Presentation of Our Lord Jesus Christ in the Temple, The Fourth Sunday after the Epiphany, Holy Eucharist.
8	11:00am—4:00pm Confirmation Prep. 2:00pm-3:30 pm Feed My Starving Children Ministry Day in Coon Rapids.
9	10:00amThe Fifth Sunday after the Epiphany, Holy Eucharist.
14	Happy Valentine's Day
16	10:00amThe Sixth Sunday after the Epiphany, Holy Eucharist. 164th Annual Meeting/Pot Luck Luncheon
22	11:00am—1:00pm Confirmation Prep.
23	10:00amThe Last Sunday after the Epiphany, Holy Eucharist. Sweet Shoppe.
26	6:00pm Soup and Bread Supper; 7:00pm Ash Wednesday, Holy Eucharist with Imposition of Ashes.

How to Reach Us

Address	1326 4th St. PO Box 65 Elk River, MN 55330
Office Hours	Tues/Wed/Thurs 10:00am-3:00pm
Fr Rob's Office Hours	Wednesday 10:00am-12:00pm
Phone	763-441-5482
E-mail	office@ holytrinityelkriver.org
Website	Holytrinityelkriver.org
Twitter	Robert Cavanna
Facebook	www.facebook.com/ HolyTrinityElkRiver

I wanted to get a head start on Lent by writing about something a little different. Lent will begin on Ash Wednesday, February 26, 2020. I hope that you will both learn from it as well as enjoy it. Before I begin, January was filled with many liturgies and ministries. It was also a month in which we heard from the 5 candidates for **Bishop in the first Forum at St. Christopher's Episcopal Church in Roseville** and on January 25, 2020, elected a new Bishop, Fr. Craig Loya. Thanks to Dick Anderson and Dan Krieger for representing you **in the election this past Saturday at St. Mark's Episcopal Cathedral in Minneapolis**. It will be an exciting and dynamic time for all of us with Bishop-Elect Loya as our Chief pastor and new Bishop.

Sadly on January 22, 2020, we lost our sainted and holy Dawn Moyer. Dawn wanted to be with her Savior and was more than prepared to meet him in heaven. We will all miss her dearly but know she with Jesus in her eternal reward!

I want to write about the burying of the Alleluia during the Lenten Season, the reasons we do it and how many of us including myself slip up and blurt out Alleluias because we have become so accustomed to saying it during other times of the church year.

In the language of worship, there are words and phrases that are not translated, words that seem to need no translation. Amen is such a word, a Hebrew word that indicates assent, "so be it," and the word by which a congregation expresses its participation in a prayer said by the officiant. Kyrie eleison, Greek for "Lord, have mercy", is a phrase that continued in use long after Latin became the official language of liturgy of the West. Alleluia is a word that is heard throughout the Christian world, whether the language of the local liturgy is Latin or Greek, Slavonic or Armenian, French or English. It is a word that has occasionally been translated but, more often than not, has been left untranslated. It is the Greek and Latin form of the Hebrew word Hallelujah, a word which means "praise the Lord." In the West, alleluia came to have a particular association with the celebration of the most important feast of the Church year, Easter, and this led to some unique, beautiful, interesting customs.

The association of alleluia with Easter led to the custom of intentionally omitting it from the liturgy during the season of Lent, a kind of verbal fast which has the effect, not of depressing the mood of the liturgy, but of creating a sense of anticipation and even greater joy when the familiar word of praise returns. Indeed, when the alleluia does return, it is with an incredible flourish. Before the proclamation of the Gospel at the Great Vigil of Easter, alleluia

is sung to an exceptionally elaborate tone. It is a moment of unrestrained fervor as a singer intones the elaborate alleluia, and the congregation sings it back. The cantor raises the pitch and sings the alleluia a second time, and again the congregation echoes it back. Once more, the Deacon/cantor raises the pitch, and the congregation responds. And then the good news is proclaimed that Christ is risen from the dead. The dramatic effect of the return of the alleluia is heightened considerably by the fact that no alleluias have been heard since Lent began.

In order to inaugurate the alleluia fast, the custom arose of "burying the alleluia" before Lent begins as a reminder that we do not use it at all during the forty days of Lent. We do not use it at church. We do not use it at home. We let it rest, as it were, during Lent, so that when it reappears on Easter, we may hear it afresh. In fact, once it returns on Easter, we give it no rest at all, repeating it again and again, in celebration of the Resurrection of Jesus. There are various ways to "bury the alleluia." Here is one that combines this custom with a popular Easter custom. The Alleluia Egg is designed to help us bury the alleluia during Lent and to put alleluia in our midst during Easter.



The Alleluia egg can be any kind of egg. A fresh egg is probably not a good idea, but a hard-boiled egg, a blown egg (a whole egg shell with the yolk and white removed through pinholes at either end), a wooden egg, or even a plastic egg all will work. The egg may be decorated in any way at all, but the decoration must include the word alleluia written in relatively large, legible letters on the egg. It may be written once, or many times. You will also need a container of some sort to hold the egg while it is "buried". A small box or a bag are suitable containers.

On Shrove Tuesday, the day before Ash Wednesday, have a fling! We can do this at church as well as at home. In fact, most Episcopal churches have Pancake Suppers. Put your Alleluia egg in the center of the table where everyone can see it. Eat pancakes (the English custom) or have a Mardi Gras ("Fat Tuesday") party. Dress up in costume, invite company for dinner. And, whatever else you do, sing alleluia as often as possible. If you and your guests are musical, sing hymns that have the word alleluia in them. Perhaps you know the song, "Allelu, allelu, allelu, alleluia. Praise ye the Lord." Any and all alleluia songs will do. And, if you cannot or will not sing, then saying alleluia will have to do: say it, shout it, whisper it. When supper is served, begin and end grace with some alleluias. When praising the food, be sure to praise God, as well, as in "Hallelujah, these pancakes are delicious." It is quite all right to use the Hebrew form, as well as the variations of pronunciation found in other languages. Handel's "Hallelujah Chorus" would be great dinner music, or you could have a sing-along to your favorite recording.

After supper, it is time to put your Alleluia egg in its bag or box and hide it some place: under the dining room table, in a drawer or a closet, some place it can lie hidden for the forty days of Lent. Everyone should go together to do this. Make a procession and perhaps have the youngest member of the family carry the egg. Sing alleluia songs as you go and, as you "bury" the egg, whisper it until the burial is complete. During the season of Lent, do not say the word. Let it lie buried!

On Easter Day, in the morning, at Easter dinner time, or when you come home from church, gather around the burial place. Bring out the container, open it, and remove the Alleluia Egg. As you do, sing "Jesus Christ is risen today" or other Easter hymns and songs that say alleluia. Shout alleluias. Use them in your personal prayers and in your family prayers. Say alleluia with grace at dinner (and do so throughout the

season of Easter.) Let the word be new and fresh. Let it help you praise the Lord that Jesus is alive. Take the egg to some prominent place (the table where you eat regularly, on top of the TV where you gather regularly, etc.) and leave it there for the fifty days of Easter. Eggs are wonderful reminders of Jesus' resurrection. As the chick bursts from the egg, so Jesus burst from the tomb.

On the Day of Pentecost, quietly put the egg away in your china closet or some place where you keep family valuables. Bring it out again as we approach the next Shrove Tuesday. Make the Alleluia egg a family tradition, an heirloom along with your Christmas crèche.

Lastly, I'd like to write about how to prepare for Lent.

"The first Christians observed with great devotion the days of our Lord's passion and resurrection and it became the custom of the Church to prepare for them by a season of penitence and fasting (The Book of Common Prayer, 1979, pp. 264-265). By the middle of the fifth century, the Church had taken a similar approach to preparing for Advent, then known as "St. Martin's Lent."

Since Lent is itself a season of preparation, it may seem like overkill to have to prepare for Lent. Yet, how will you and I take full advantage of the opportunity of Lent if we wait until the last minute to decide how to keep it?

Lent is sometimes referred to as a pilgrimage or a journey. Very few people set out on any kind of journey without packing a bag. What are the things that we need to include in our Lenten luggage? The invitation to the observance of a holy Lent in the 1979 Prayer Book provides a packing list. The list may not be exhaustive, but it is a good start:

- self-examination and repentance
- prayer, fasting, and self-denial
- reading and meditating on God's holy Word.

Another way of describing this luggage is to call it a Rule of Life as in Bishop Curry's The Way of Love. Many Christians have a formal rule of life which they observe throughout the year. Their Lenten rule will usually add a few seasonal exercises. For those who do not already have a formal, year-round rule, Lent is a good opportunity to begin one. The purpose of a rule of life is not to set impossibly high standards that might be admirable but are not practical. A rule of life must fit the person! A new Christian or someone new to the whole idea of a rule of life will have a more modest rule than an older, more proficient Christian. So, the elements in the invitation above need to be tailored to the maturity of the individual. (A spiritual companion or director can be very helpful here.) A runner might hope someday to run a marathon but it may take years of training at shorter distances to build the stamina and strength to achieve that goal. Holiness of life is the goal of every Christian, but progress towards that goal is a lifelong task, not the accomplishment of a single Lent! At the same time, the basics of a Lenten rule can set a pattern for a lifetime of spiritual growth.

Space and time doesn't allow me to delve into the three practices listed above that are useful in observing a Holy Lent but suffice to say coming to church every Sunday in Lent and participating in Holy Week Liturgies is a good beginning.

I'm going to end here. Please read the rest of the Newsletter about upcoming activities and events for this month. Take advantage of them for through your participation you will grow spiritually as well as meet new people.

Stay well, be good of heart and let go, let God! Have a Holy Lent!

Faithfully in Christ,

Fr. Rob+



Our Annual Meeting and Potluck luncheon will be after service on Feb 16th. There should be a signup sheet hanging near the office, or coming soon, for help in the coordination of enough food. Ok, we know there is always enough! But signing up is fun and eliminates the fear of too much **cole slaw... (Side note: I really do like cole slaw)**

Hospitality – we do it so well at Holy Trinity. There is always a sense of everyone pitching in with preparations, table organizing, clean up and good fun while doing it.

I have seen soap fly in the kitchen, dancing while setting the tables and even laughing while taking out the trash. Can you imagine a better way to end a great Holy Trinity event? I hope you all come. I hope you all enjoy the food, the community of others and the joy of cleaning up after. The good feeling when you leave, I pray, stays with you until we gather again the next Sunday.

We have a lot of other events coming up and Lent starting soon. I hope you pull out **the church calendar and hang it on the frig. Don't miss an opportunity to join in** reflection, education, or various ministry meetings offered this season. Those who prepare for Holy Trinity events, retreats, gatherings and meetings, work hard to make sure all are welcome and informed. I hope you all fill the room for them and know that as organizers, they are so thankful for your attendance and participation, and we hope it brings you joy to be involved.

Watch for these March Lenten events: Sunday, March 1, 2020, during Coffee Fellowship; Lenten Adult Forum on Centering Prayer and Mindfulness and Saturday, March 7, 2020, 10:30am to 1:00pm The Half Quiet Day/Retreat for Men and Women, the theme is **"Celtic Christianity?" A free will offering will be most appreciated. Dr. Ed Sellner, noted** spiritual author and guide, will be the facilitator for both of these events.

Last thoughts - I miss Dawn Moyer, as do all of you at Holy Trinity, her family and the community of Elk River. She was one of the reasons Jeff and I joined Holy Trinity. We sat next to her in the same pew on that first visit after a long period of not being in **church. Maybe some of you were "placed" there at some point or another, as we were.** Finding yourself next to her. She draws you in. She shines a light. She guides, without **you even knowing you're following, a teacher, a leader. There are no words to explain** it, or I am having trouble finding just the right ones. I think you can fill them in.

Thank you, God, for blessing me with the love of Dawn Moyer.

Sue Nagorski

Lenten Half-Quiet Day/Retreat for Men & Women

Saturday, March 7, 2020, 10:30am– 1pm
Enter into a half quiet day and immerse yourself
in Celtic Christian practices.

Our guest facilitator will be Dr. Ed Sellner,
professor emeritus of Theology and spirituality at
St. Catherine's University in St. Paul. Dr.
Sellner's new book, *The Soul's Slow Ripening: 12
Practices for Seeking the Sacred*, will be woven
into the half day's meditation and centering time.

Annual Parish Meeting

164th All Parish Annual Meeting and
Pot Luck Luncheon

Sunday, February 16, 2020 at 10am– 1pm
Learn about the many programs and ministries
our growing faith community is engaged in, the
2020 budget and the individuals who contribute
their time, talent and treasure to build up the
Body of Christ at Holy Trinity! A delicious "Pot
Luck" Luncheon precedes the meeting.

Everyone is invited and welcome!

The Emergency Management team has met twice, and we ordered an AED setup after getting approval from the Vestry. We used funds from the Fall Bazaar, hosted by the Women's Group. For those of you that are unaware, this will allow us to revive a person who has had heart failure, and is in cardiac arrest. We have had a lot of discussions on this, and it ultimately came down to one main point, if it saves just one life, it will be well worth the cost. It is ordered, and hopefully will come soon. There will be a training session for all those interested. We are also working on a fire emergency plan and an inclement weather plan. We will share these plans soon. I also upgraded the First Aid kits, and added smoke alarms in the kitchen and sanctuary.

Your Emergency Management Team is: Daryl Hermann, Dick Anderson, Tim Ecklund, and myself. If you have any thoughts or ideas, please feel free to share them with anyone on the committee.

Thank You, Gary



Holy Trinity Happenings - Epiphany Season

- Feb. 1 **9:00am Women's Group Meeting, Parish Hall.**
- Feb. 2 10:00am The Presentation of Our Lord Jesus Christ in the Temple, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall.
- Feb. 8 11:00am—1:00pm Confirmation Prep. See Deacon Georgia for details.
2:00pm-3:30 pm Feed My Starving Children Ministry Day in Coon Rapids. Please sign up! We need 20-25 people.
- Feb. 9 10:00am 5th Sunday after the Epiphany, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall. Training for Liturgy Ministers—Lectors, Acolytes, Chalice Bearers following Coffee Fellowship. See Deacon Georgia or Fr. Rob for details.
- Feb. 14 **Happy Valentine's Day**
- Feb. 16 10:00am 6th Sunday after the Epiphany, Holy Eucharist and Sunday School. Followed by the 164th All Parish Annual Meeting and **"Pot Luck" Luncheon.**
- Feb. 22 11:00am—1:00pm Confirmation Prep.
- Feb. 23 10:00am The Last Sunday after the Epiphany, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall. Sweet Shoppe
- Feb. 26 6:00pm Soup and Bread Supper; 7:00pm Ash Wednesday, Holy Eucharist with Imposition of Ashes.
- March 1 10:00 am 1st Sunday in Lent, Holy Eucharist and Sunday school. Lenten Adult Forum with Dr. Ed Sellner on Centering Prayer and Mindfulness. **Let's welcome Dr. Sellner to Holy Trinity!**



NOTES FROM THE VESTRY

At the January meeting, the Vestry approved putting a summary of actions taken at the monthly meetings in the Parish Newsletter. This will be taken from approved Vestry minutes. The Vestry meets the third Sunday on the month after fellowship. The meetings are open to parish members who wish to attend. They are held in the Nave of the church. The December minutes were approved at the January meeting. During the December meeting Treasurer, Jeff Nagorski distributed copies of the financial statements for review and approval. Final statements for 2019 will be ready in time for the All Parish meeting in February. The Finance Committee recommended revaluing church property in line with insurance evaluation and current market values. He also reported that the Quinn rental property had a sewer backup problem. Several Parish men worked most of a Saturday to temporarily fix it. It will require future repair as this has been recurring problem.

Other reports at the meeting included:

Liturgy: review of Thanksgiving and Blue Christmas services. Icy and very cold weather impacted attendance

Education: After seven years, Molly Liberto is stepping down from this position. She will continue to serve, however, on the Finance Committee.

Pastoral Care: There were three requests for the Prayer Chain, nine birthday cards and two get well cards.

Service: Dick Anderson reviewed the Jim Pittman funeral that had 162 people who stayed for the post-service reception and luncheon. Gratitude was expressed for the many parishioners who helped out.

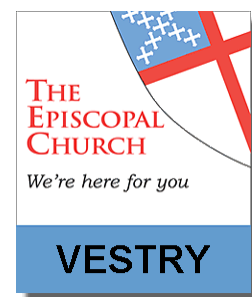
Senior Warden: Open Vestry positions for next year are: Senior Warden, Education, Service, Treasurer and Clerk. According to current by-laws, the senior warden, service position and clerk may be elected for another term. Nominating committee recommendations will be presented at the All Parish meeting. Other nominations may be accepted at that time.

Deacon Georgia reported on her activities in community building and outreach. The Women's Group generously donated \$200 for these efforts. The Vestry donated an additional \$200.

Fr. Rob summarized his many activities over the past month and reviewed plans for the two Christmas Eve services. We received two gifts totaling \$1,150 from friends of the Parish. The All Parish Annual Meeting date was set for February 16, 2020. He reported that the church had been rented for a wedding on January 3, 2020.

Please let Vestry members know if this information is helpful. It is our wish to be as inclusive and open as possible. We know that although the Vestry has been elected and charged with the responsibility to lead, all parishioners share the work of caring and building this faith community.

The Wardens and Vestry,
and Fr. Rob Cavanna



FEED MY STARVING CHILDREN MINISTRY DAY

SATURDAY, February 8, 2020; 2:00 pm to 3:30 pm.

**Won't you join with other Trinitarians to pack food for
starving children around the world?**

Sign up on the sheet next to the office.



Special Blessings to all our *February* Birthday Trinitarians!

01 – Tim Ecklund	23 – Nel Luebesmier
13 – Dar Enfield	26 – Scott Svoboda
20 – Dustin Campbell	27 – Audra Keener
20 – Pauline Hoffine	29 – Jan Bentley
22 – Daniel Wilson	

SERVICE DICK ANDERSON

In writing the February news letter, we now have a new Bishop elect.

We had five candidates for Bishop, Craig Loya was elected on the second Ballot. Thanks to everyone that shared their thoughts as to the candidates they liked. They were all well qualified.

The annual meeting is February 16th. See you all there.
Blessings, Dick Anderson

CONFIRMATION! CONFIRMATION!

What is it? Confirmation is a sacrament in which a person expresses a mature commitment to Christ and receives strength from the Holy Spirit through prayer and the laying on of hands.

What is required of those to be confirmed? **It's** required of those to be confirmed that they have been baptized, are sufficiently instructed in the Christian Faith, are penitent for their sins, and are ready to affirm their confusion of Jesus Christ as Savior and Lord.

Who can be confirmed? Anyone including adults and youth are eligible. You don't have to be a youth to be confirmed. (Catechism, BCP, page 860)

When are the Confirmation 2020 prep sessions held:
Feb. 8th & 22nd † March 7th † April 4th & 11th

Questions: See Deacon Georgia or Email her at glsteele7@gmail.com

Altar Guild	Gail Weber 612-850-4250
Meals on Wheels	Call or see Cheryl Ecklund
Great River Family Promise	Deb Krogman 763-225-7773
Senior Choir & Contemporary Ensemble Singers & Musicians	Call or see Bea Bastyr 763-441-4068
Chalice Bearers/ Acolytes	Contact the Church office
Feed My Starving Children	Entire parish Contact the Church Office
Women's Group	Call or see: Linda Krieger 763-441-7072 Pauline Hoffine 763-688-4540
Men's Group	Call or see Ben Bastyr 763.441.4068
Little Free Library Steward	Eric Hawkins

Feast Days in February

- 2nd The Presentation of Our Lord
Jesus Christ in the Temple
- 5th The Martyrs of
Japan, 1597
- 6th Titus, Bishop
and Confessor, 1st Century
- 10th Scholastica, Virgin and First
Benedictine Nun, 543
- 13th Absalom Jones, Priest 1818
- 24th St. Matthias, the Apostle



Looking Ahead: March

- 1st After Coffee Fellowship: Adult
Forum on Centering Prayer
- 4th 11:30am Mid-Week Lenten Eucharist
These will be 1/2 hour
- 7th 11am-1pm Confirmation Prep
10:30am-1pm Lenten Half-Day Retreat
- 11th 11:30am Mid-Week Lenten Eucharist
- 18th 11:30am Mid-Week Lenten Eucharist
- 21st 1:00pm Dawn Moyer's Requiem
Eucharist
- 25th 11:30am Mid-Week Lenten Eucharist



HOLY TRINITY EPISCOPAL CHURCH

Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. ~ ~ Thank you! ~ ~

Ministry:	February 2, 2020	February 9, 2020	February 16, 2020	February 23, 2020
Greeter:	Ginny Anderson	Jane Lindenfelser	Daryl Herrmann	Shar Baughman
Child Care:	TBD	TBD	TBD	TBD
Usher:	Dave Raitz *	Larry Brugger	Gary Wedl	Dan Krieger
Acolyte:	Wiltie Russell	Daryl Herrmann	Deb Krogman	Jon Lloyd
1 st Reader:	Daryl Herrmann	Larry Brugger	Eric Hawkins	Jane Lindenfelser
2 nd Reader:	Ken Schultz	Gail Weber	Marion Marshall	Ken Schultz
Prayers:	Eric Hawkins *	Jane Lindenfelser	Sue Nagorski	Mary Brugger
Chalice 1:	Jane Lindenfelser	Mary Dare	Julie Raitz	Larry Brugger
Chalice 2:	Molly Liberto	Scott Svoboda	Molly Liberto	Mary Dare
Counter:	Jennifer Warner	Mary Brugger	Jeff Nagorski	Larry Brugger
Coffee:	Sherry Tyler/ Ray Marketon	Deb Krogman/ Rosemary Sobalvarro	Annual Potluck	Sweet Shoppe



Our Mission Statement

Holy Trinity is a diverse, multi-cultural, growing, dynamic faith community rich in liturgy and music that serves Christ in all persons and does God's work in the world.

HOLY TRINITY EPISCOPAL CHURCH			HTEC VESTRY MEMBERS		
Priest-in-Charge:	Fr. Rob Cavanna	320-339-4852	Senior Warden:	Sue Nagorski	612-868-9263 C
Deacon:	The Rev. Georgia Steele	651-338-2946	Junior Warden:	Gary Wedl	763-427-0776
Parish Admin:	Jen Haag	763-441-5482	Service:	Dick Anderson	612-812-2581 C
Director of Music:	Bea Bastyr	763-441-4068	Liturgy:	Daryl Herrmann	269-580-9040
Head Usher:	Dan Krieger	763-441-7072	Education:	Molly Liberto	763-742-2692 H
Altar Guild Chair:	Gail Weber	612-850-4250	Evangelism:	Nancy Lloyd	763-370-9598 C
Women's Group Co-chairs:	Linda Krieger Pauline Hoffine	763-441-7072 763-688-4540	Pastoral Care:	Sandy Sisson	763-267-7623
Men's Group Chair:	Ben Bastyr	763-441-4068	Treasurer:	Jeff Nagorski	763-234-5000 C
Youth/Sunday School:	Molly Liberto	763-742-2692	Vestry Clerk:	Joyce LeClaire	763-263-7740 C

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Every Sunday:</i> 10:00 Holy Eucharist and Sunday School 11:20 Coffee Fellowship</p>						<p>1 9:00am Women's Group, Parish Hall.</p> 
<p>2 10:00am The Presentation of Our Lord Jesus Christ in the Temple, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall.</p>	3	4	<p>5 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment. The Martyrs of Japan, 1597</p>	<p>6 6:30pm Contemporary Choir Rehearsal 7:15pm Choir Rehearsal. Titus, Bishop and Confessor, 1st Century</p>	7	<p>8 11am—1pm Confirmation Prep. 2pm-3:30pm Feed My Starving Children Ministry Day in Coon Rapids.</p> 
<p>9 10:00am 5th Sunday after the Epiphany, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall.</p>	<p>10 Scholastica, Virgin and First Benedictine Nun, 543</p>	11	<p>12 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment.</p>	<p>13 6:30pm Contemporary Choir Rehearsal 7:15pm Choir Rehearsal. Absalom Jones, Priest 1818</p>	<p>14 Valentine's Day</p> 	15
<p>16 10:00am 6th Sunday after the Epiphany, Holy Eucharist & Sunday School. Followed by 164th All Parish Annual Meeting & Pot Luck Luncheon.</p> 	17	18	<p>19 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment.</p>	<p>20 6:30pm Contemporary Choir Rehearsal 7:15pm Choir Rehearsal.</p>	21	<p>22 11am—1pm Confirmation Prep.</p> 
<p>23 10:00am Last Sunday of the Epiphany, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall. Sweet Shoppe.</p> 	<p>24 St Matthias, the Apostle</p>	25	<p>26 10am-12pm Fr. Rob's office hours & Fr. Rob by appointment. 6:00pm Soup & Bread Supper 7:00pm Ash Wednesday, Holy Eucharist with Imposition of Ashes.</p>	<p>27 6:30pm Contemporary Choir Rehearsal 7:15pm Choir Rehearsal. Thursday after Ash Wednesday</p>	<p>28 Friday after Ash Wednesday</p>	<p>29 Saturday after Ash Wednesday</p>

