

TRINITY TRIBUNE

Feel the love!



November 2019 From Our Priest-In-Charge The Rev. Dr. Rob Cavanna

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Da	ates to Remember
2	9am- Women's Group
3	10am-United Thank Offering /All Saints/ Stewardship Campaign (Shining Our Light), Holy Eucharist
9	9am—3pm Annual Holiday Bazaar
10	10am - North Star Boys' Choir/Veterans' Day Remembrance/
17	10am - 23rd Sunday after Pentecost, Holy Eucharist Finance Committee and Vestry meet after Coffee Fellowship.
24	10am - Feast of Christ the King/Last Sunday after Pentecost, Holy Eucharist
27	7pm - Community Wide Thanksgiving Eve Eucharist. Bring a non- perishable food item for
28	Happy & Blessed Thanksgiving to All!

How to Reach Us				
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Facebook	www.facebook.com/ HolyTrinityElkRiver			

I'm always amazed at how fast these early fall months just fly by us. The Blessing of Animals on October 5, 2019, drew a large crowd in spite of the rain and the Blood Drive was successful in the capable hands of Nancy Ingram. Thanks to Nancy Lloyd and all those of you who served on the Animal Blessing Committee for grilling hot dogs, setting up the Parish Hall and then helping with tear-down. Appreciation to all of you who donated blood. There are just to many to list and I would probably forget someone.

Our time together to review the Growing Edges survey was well spent with Deacon Georgia going through the results and deciding on priorities for the next few years. On Sunday, October 13, 2019, we welcomed The Rev. Letha Wilson-Barnard and The Rev. Deacon Janet McNally to tell us about the WWWD Prayer Vigil and Eucharist with Bishop Prior. Father Tim Kingsley visited us on Sunday, October 20, 2019, to talk about Emergency Management and Safe Church. It was a most informative session.

Special thanks to Gary Well for coordinating the Annual Fall Clean-Up recently. Leaves were raked, pews were polished, windows cleaned and other tasks accomplished as well as our kids along with Dick Anderson and Molly Liberto who cleaned River Place Park. Thank you to everyone who stayed and gave of their time to do this annual "sprucing up" of both the interior of our building as well as the outside.

We will change to Daylight Savings time this month. In view of this shift, I'd like to focus this month on grace, how it's always working in our lives and how to appreciate darkness leading to more interior light. I'd like to begin by talking about camp. Think back to when you were a kid and went to camp. If you never went to camp, think about a camping trip you were on with your family or friends. I'm basing this article on Psalm 80:1-7 and Luke 1:39-45. You should read these passages first so you have a context for what I'm writing about in this article.

Going to camp often means away up a mountain or to a well-known park either nearby or in a western state. One gift of camp is the night though it may be scary. With no neighbors and limited electricity, new guests, especially youth, swing flashlights the first nights, anxious at seeing much less. They point to the path and all around trying, it seems, to poke, prod, and push back the dark. It's a little scary at first.

We are similarly afraid these days in the deepening darkness of our world. With questions increasing, anxiety swirling, violence striking, fear infecting, prejudice multiplying, and sadness swelling, we want to poke, prod, and push back the dark. Isn't that true? Some days we've just "had it" with all the bad news.

Remember the anthem: "Restore us, O God of hosts; show the light of your countenance and we shall be saved." We ask for the light of God's face turning toward us. Small yet significant. When another's face lights up at seeing ours, we are loved!

In the days written about in Luke 1:39-45, Mary set out and went quickly to visit Elizabeth. A normal visit turned extraordinary. By divine power and blessing, now both Mary, a young virgin, and Elizabeth, a barren elder, are pregnant. Dark days since they also bear the burden of public shame - the scandal since Mary claims pregnancy through the dream of an angel. Who did she think she was? The long years of ridicule for Elizabeth who had never born a child. Rumors swirled about why she was now pregnant.

In those dark days Mary visits Elizabeth. They both believe and have faith in what they can't see or explain. They embrace. They see the light of each other's countenance. They exclaim, bless and sing with joy and gratitude, with heartache and question: "Blessed is the fruit of your womb." "My soul magnifies the Lord." Mary stays with Elizabeth about three months. Imagine the stories they told, the questions they shared, the listening and weeping. Imagine the shared encouragement, companionship, and loving countenance.

Darkness often brings to mind what we don't know, what we don't have, of danger and fear. Darkness is also a place of safety, salvation, sight, and delight. At camp youth would often settle in through the week learning their surroundings and adjusting to not being flooded with light. They began to gaze at the stars and gathered to sing around a fire. Darkness offers safety to rest, play, explore, and sleep more soundly.

In scripture, God often speaks in the dark through dreams. In the dark, God's people fled Egypt and went through the Red Sea. In the dark, manna came from heaven, divine food in the wilderness. God speaks, saves, and provides in the dark. We pray with the psalmist in Psalm 17:8: "Hide us under the shadow of your wings." God's shadow offers safety and nurture like under a wing or in the womb.

In Morning Prayer in the Book of Common Prayer, we praise God for all creation in Canticle 12, including the "enfolding dark." God often keeps us in the dark. We are not ready for the exposure light would bring. In John 16:12 Jesus said: "I have many things to tell you, but you cannot bear them now." The darkness of not knowing can be a grace.

Mary and Elizabeth bearing new life in their wombs lived in the dark with uncertainty, shame and trouble, with promise, provision and faith. How can we live in the dark with uncertainty, trouble, promise, and faith? Here are two suggestions.

First, turn off the lights. No I haven't lost it. Choose to be more in the dark. Use more candles and less electric light. Try using only candles, fireplace, the Christmas tree, and perhaps the light above the stovetop. Put down screens and read by candlelight. Friends of mine do this with their kids all of Advent. They like it so much they continue through January. They enjoy sharing more dark together.

What is it like to see less? How does your perception change? What do you feel and do differently? Literally and figuratively, how does filling your home or life with artificial light hinder you? What do you not see because it is so bright? Are you trying to stay bright by focusing on appearances or clinging to possessions?

Let yourself be in the dark. Pray as you are and what you feel. Pray the questions and the longing. Trust God withholds what you cannot bear now. How might God be sheltering and enfolding? Look for lights given in the night, not the ones that you turn on. Give thanks for twinkling grace.

Secondly, visit Elizabeth and welcome Mary. Find a safe, trustworthy person and share your heart. It could be a fellow Trinitarian or friend. Perhaps someone who is having or has had a similar experience. Share together. Risk telling your story honestly. Share your questions, concerns, beliefs, hopes, longings, heartaches.

Be a safe and trustworthy person. Love others by listening well. Ask how they are. Hold hearts tenderly. Be a companion. Weep with those who weep. Sing with those who sing. Show the light of your countenance. Light up their life with your face of love.

The darkness deepens. Dark and more dark and yet we still can see. God is here with us speaking, providing, nurturing, and saving in the dark. With Mary, Elizabeth, and today's friends and mentors, live by faith in the dark with twinkling and enfolding grace.

Pray that we bring light to others and that we turn our dark moments into a time for reflection, meditation and God's grace.

We will begin our Stewardship Campaign on All Saints Sunday. Its theme is Shining Our Light and it's taken from the 5th chapter of Matthew's Gospel - "You are the light of the world...let your light shine before others that they may see your good deeds and glorify your Father in heaven." Thanks as always for your very generous and ongoing financial support over the years. We have truly been blessed with each of you and your families.

In closing, thanks for all your work, time and effort in making this year's Annual Fall Regional Bazaar on November 9th the best yet! Much appreciation to the Women's Group for planning, coordinating and overseeing this major fundraiser and for all of you men and women who will be helping that day in one way or the other.

Lastly, please join me on Wednesday, November 27, 2019, at 7:00pm, for a Thanksgiving Eve Eucharist when we will give thanks for all that we have received in our lives. Have a Blessed Thanksgiving! May we continue to love one another and listen to one another in unity as we build up the Body of Christ at Holy Trinity!

Stay well, be good of heart and let go, let God! In thanksgiving for each of you, Fr. Rob+

Jr. Warden

GARY WEDL

Well, the painting of the steeple finally got done. It was touch and go because of all the wet weather we've been having, but we finally got some clearing and it was completed last week.

Thank you to all who participated in the Fall Cleanup. We got the leaves outside raked up just before it started to rain. Good timing. A big THANK YOU to Ben Bastyr for letting us use his truck and equipment for this project. Ben couldn't make it to help this year, but very graciously offered us the use of his truck and equipment.

A reminder that the snow shoveling sign-up sheet is up. We contracted with a snow removal company again this year, but they **won'**t come if there is less than 2 inches of snow. So please sign up to do the sidewalks, if there is a dusting of snow.

Thank you,

Gary

SR. WARDEN SUE NAGORSKI

We begin our Stewardship Campaign on Sunday, November 3, 2019. Its theme is Shining Our Light adapted from Matthew 5:14. I also like the words from the musical Godspell:

You are the light of the world!

You are the light of the world!

But if that light is under a bushel,

It's lost something kind of crucial.

You've got to stay bright to be the light of the world.



During the next four weeks please pray and reflect on the gifts you have received, the ministries you're involved in and how you are fed in Word and Sacrament at Holy Trinity. My prayer is that we will join together to give abundantly in our financial commitment to the mission and ministry of Holy Trinity. Thank you for your very generous financial support in the past.

Sincerely with the Grace of God, Sue Nagorski

Holy Trinity Happenings-Pentecost

Nov. 2nd 9:00am Women's Group Meeting in the Parrish Hall.

- Nov. 3rd 10:00am United Thank Offering (UTO)/All Saints' Sunday/Opening Sunday of Stewardship Campaign—Shining Our Light, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall. Bring your UTO blue boxes. Today is Daylight Savings, time to fall back!
- Nov. 9th 9am-3pm Annual Regional Bazaar. Baskets are needed from every family as to ensure a wide variety of gifts. Come yourself and bring a friend, neighbor or relative. Men & women needed for tear-down!
- Nov. 10th 10am North Star Boys' Choir/Veteran's Day/22nd Sunday after Pentecost, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall.
- Nov. 17th 10am 23rd Sunday after Pentecost, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall. Vestry meets after Coffee Fellowship.
- Nov. 24th 10am Feast of Christ the King/Last Sunday after Pentecost, Holy Eucharist and Sunday School. Coffee Fellowship follows in the Parish Hall. Liturgy Roles Training for Lectors/Acolytes/Chalice Bearers after Eucharist
- Nov. 27th 7:00pm Community Wide Thanksgiving Eve Eucharis. Please bring a non-perishable food item for the food shelf at CAER
- Nov. 28th Happy and Blessed Thanksgiving to All!

EVANGELISM NANCY LLOYD

As the church vestry member responsible for evangelism, I have given a lot of thought as to what this means to our congregation at Holy Trinity. The biblical definition of evangelism is the sharing of Christ's love to others. I believe that our policies of inclusivity and openness to all at Holy Trinity are the pillars of evangelism for our church community. Outreach is another function of evangelism that can have many facets. Our outreach can be reaching out in a practical sense to those in the church with special needs, such as widows who need help with home maintenance and repair, single mothers who need childcare help, the unemployed, the homeless, etc.

As you are aware, we recently adopted the safe church policies promulgated by the ECMN. We as a vestry have received many questions regarding this adoption. The main focus of inquiry is how we can remain an open and inclusive congregation while we take these steps to safeguard our congregation and our church.

I believe that the safe church policies are in fact what will enable us as a congregation to remain open to everyone. We have a responsibility to the members and guests of Holy Trinity to keep everyone safe. We have a responsibility to safeguard our church building and its contents. These policies are in place to ensure that we can continue as a congregation in safety and security and continue our outreach to everyone at the same time.

What is Safe Church Policy?

In our Baptismal Covenant, we promise to respect the dignity of every human being. One way that we live out that value in ECMN is through the implementation of our Safe Church Policies. Our Safe Church Policies establish and maintain standards intended to ensure that our faith communities are safe places where all of God's people are loved and encouraged to grow into the people God calls us to be. These policies provide specific recommendations, best practices, and guidelines that seek to protect children, youth, and vulnerable adults.

These updated policies and training materials now include best practices for: facility safety, current child protection research, the needs of vulnerable adults, support for LGBTQ and gender non-binary persons, awareness of diverse sensory needs, off-site and overnight programming, camp and retreat centers, social media and other communication practices.

Tier 1. Universal Training

Summary: Each faith community is required to offer this one-hour community-wide training annually. It can be delivered by a trainer or by anyone in the faith community through digital materials.

Policy: It provides a broad overview of all four policies with attention to how to create a safe, healthy, and transformational faith community.

Tier 2. Safe Church for God's Children

Summary: Tier Two is a three-hour foundational training for anyone who has access to facilities and/or is in ministry with children, youth, or vulnerable adults.

Policy: It covers the first two of the four Safe Church Policies (Children and Youth & Vulnerable Adults).

Tier 3. Safe Church for God's People

Summary: Tier Three is a three-hour training for staff and clergy, who are involved in managing ministries for youth and adults alike. It discusses the power dynamics present in pastoral relationships and how to prevent sexual harassment and exploitation.

Policy: It covers the second two of the four Safe Church Policies (Harassment & Exploitation).

Continued from page 5

Background Checks

ECMN provides support in completing background checks for staff and volunteers. To get more information on this process, contact your Missioner for Administration, Ellice Chelgren, at ellice.c@episcopalmn.org.

If you have questions about this policy, please feel free to contact me and I will be happy to discuss this with you.

Nancy

DEACON'S DOODLE'INGS THE REV. DEACO

THE REV. DEACON GEORGIA STEELE

October was sure a busy month!! Since I am on the Disciplinary Board for ECMN, we had a Canon Law Workshop that I attended in Faribault on Oct 4th. Oct 5th I assisted with the Blessing of the Animals event here, and shared the results of the Growing Edges Survey with the faith community on Oct 6th. On Oct 13th we had the WWWD? Informational meeting after service with The Rev. Letha Wilson-Barnard and The Rev. Janet MacNally, Deacon. I attended the liturgy meeting on Oct 16th plus did an office day. On the 20th we welcomed The Rev. Timothy Kingsley to speak with vestry and interested persons about security issues. On the 26th we initiated the first Book Club Brunch by facilitating "the God Who Sees" and serving yummy brunch! Then, on the 20th Darleen Enfield, Joyce LeClaire and I carpooled to the WWWD? Protest, Prayer Vigil, and Press Conference. It was a joy to stand with two remarkable women as we, together with all ECMN and MCC (Minnesota Council of Churches) and ICOM as partners, called for the state to pay attention to our treatment of immigrants and God's call for us to love the stranger. I then put in another office day and enjoyed being here amidst the fall colors and falling leaves and sunshine!

There is a bundle of energy around immigration and answering God's call to us to love the stranger among us, and we will be gathering sometime in November to discern next steps toward a ministry. If you have any questions about that, or would like to be involved, please let myself or Joyce LeClaire know. We want to take time to ask our questions about this very complex issue and sit with the answers as they come, do research, and have meetings with people who are already working with or connected to immigration issues in our area. In true Holy Trinity fashion, we desire how best to help the less fortunate among us and be faithful to God's call to "love the stranger, for you were once strangers in Egypt." Duet 10

In November I will be working with CAER and our group of interested persons in volunteering for them to find a day to tour and set up times to volunteer. We also will be taking donations at our Thanksgiving Eve for CAER. I am looking forward to the Bazaar, and have already donated baskets, and will be here on the 3rd to help set up and also the 9th to help out with the event. I will be assisting with Father Rob in training for lectors/readers for Sunday Liturgy Roles on Nov 24th after service. There are other groups that, through the survey, I am committed to beginning: the spiritual practices group and also the intergenerational planning group, and I hope to be able to bring those groups together in November or early December to begin our planning. More to come on that.

I have scheduled with Great River Family Promise and Open Doors for Youth for an Adult Forum on December 8th. I look forward to partnering with both of them to find ways to be in relationship with the homeless in our faith community areas.

The next Book Club Brunch is scheduled for December 14th from 9:30 to 11 am. We will be reading the book by Mariann Edgar Budde called "Receiving Jesus, The Way of Love". It is a short book, but deep and well-worth the read. The office will be ordering the books soon, so you can pick them up.

Just my 2 Cents in adding to Holy Trinity Fabric of Beloved Community.

--- Deacon Georgia



Special Blessings to all our

November Birthday Trinitarians!

03 – Wesley Gadsden

17 - Matt Krieger

04 - Billie Jo Bishop

21 - Melanie Svoboda

05 - Imani Ngoye

23 - Megan Campbell

12 - Jane Lindenfelser

26 – Lucas Jack Svoboda

12 – Jon Lloyd

26 - Katharine Wilson

14 - Raelyn Jean Krieger 29 - Shirley Isaacson

15 - Wally Kaminsky

SERVICE

DICK ANDERSON

In writing the November news, you can feel, that winter is just around the corner, I am not looking forward to the cold. Looking ahead the Bazaar, it's November 9th, thanks to everyone advance, I'm sure it will be a success!

On November 10th we will have the North Star Boys' Choir. I also want to thank Molly, Danny, Ginny, and the Kids, for helping to clean up River Place park.

Happy Thanksgiving to all, Dick Anderson

THE ANNUAL HOLIDAY BAZAAR IS THIS WEEK!

Saturday, November 9th, 9am – 3pm

This is a great opportunity to participate in Holy Trinity's annual fundraiser!

Please have gift baskets & crafts at church TODAY. The Women's Group Wrappers will shrink wrap & label gift baskets for you!

If you have questions or ideas to share please contact: Linda Krieger at 763-441-7072 or Kate Hansen at 763-441-6061.

THANK YOU!

Altar Guild

Gail Weber 612-850-4250

Meals on Wheels

Call or see Cheryl Ecklund 763-443-8637

Great River Family Promise Deb Krogman 763-225-7773

Senior Choir & Contemporary **Ensemble Singers** & Musicians

Call or see Bea Bastyr 763-441-4068

Chalice Bearers/ Acolytes

Contact the Church office

Feed My Starving Children

Entire parish Contact the Church Office

Women's Group

Call or see:

Linda Krieger 763-441-7072 Kate Hansen 763-441-6061

Men's Group

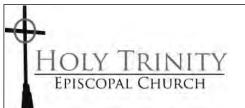
Call or see Ben Bastyr 763.441.4068

Feast Days in November

- All Saints' Day 1
- 2 All Souls' Day
- Feast of Christ the King 24
- 27 Thanksgiving Eve
- Thanksgiving Day 28 Feast of King Kamehameha and Queen Emma
- 30 Feast of St. Andrew the Apostle

Looking Ahead: December

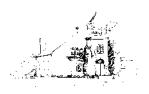
- Guardian Angels Annual Meeting
- Forum: GRFP and Open Doors for Youth
- 10 Blue Christmas
- 14 Book Club Brunch
- Christmas Pageant



Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. ~~Thank you!~~

Ministry:	Nov. 3, 2019	Nov. 10, 2019	Nov. 17, 2019	Nov. 24, 2019	Thanksgiving Eve
Greeter:	Shar Baughman	Daryl Herrmann	Ann Wedl	Jeanne Simonsen	Marilyn Bina
Child Care:	Jackson Stewart	Vernis Campbell	Vernis Campbell	Jackson Stewart	
Usher:	Ben Bastyr	Larry Brugger	Gary Wedl	Dave Raitz	Dan Krieger
Acolyte:	Daryl Herrmann	Jon Lloyd	Deb Krogman	Jon Lloyd	Daryl Herrmann
1 st Reader:	Ken Schultz	Jane Lindenfelser	Marion Marshall	Melanie Svoboda	Mary Brugger
2 nd Reader:	Gail Weber	Daryl Herrmann	Mary Dare	Gail Weber	Ken Schultz
Prayers:	Marion Marshall	Melanie Scoboda	Jane Lindenfelser	Jane Lindenfelser	Marion Marshall
Chalice 1:	Jane Lindenfelser	Scott Svoboda	Julie Raitz	Scott Svoboda	Molly Liberto
Chalice 2:	Molly Liberto	Mary Dare	Linda Krieger	Larry Brugger	Mary Brugger
Counter:	Deb Krogman	Jennifer Warner	Linda Krieger	Jeff Nagorski	Molly Liberto
Coffee:	Nancy Lloyd	Gina Cavanna/ Rosemary S.	Sherry Tyler & Ray Marketon	Deb Krogman	



Our Mission Statement

Holy Trinity is a diverse, multi-cultural, growing, dynamic faith community rich in liturgy and music that serves Christ in all persons and does God's work in the world.

HOLY TRINI	ty Episcopal	Church	HTEC VESTRY MEMBERS		
Priest-in-Charge:	Fr. Rob Cavanna	320-339-4852	Senior Warden:	Sue Nagorski	612-868-9263 C
Deacon:	The Rev. Georgia Steele	651-338-2946	Junior Warden:	Gary Wedl	763-427-0776
Parish Admin:	Jen Haag	612-685-6139	Service:	Dick Anderson	612-812-2581 C
Director of Music:	Bea Bastyr	763-441-4068	Liturgy:	Daryl Herrmann	269-580-9040
Head Usher:	Dan Krieger	763-441-7072	Education:	Molly Liberto	763-742-2692 H
Altar Guild Chair:	Gail Weber	612-850-4250	Evangelism:	Nancy Lloyd	763-370-9598 C
Women's Group Co-Chairs:	Linda Krieger Kate Hansen	763-441-7072 763-441-6061	Pastoral Care:	Sandy Sisson	763-267-7623
Men's Group Chair:	Ben Bastyr	763-441-4068	Treasurer:	Jeff Nagorski	763-234-5000 C
Youth/Sunday School:	Molly Liberto	763-742-2692	Vestry Clerk:	Joyce LeClaire	763-263-7740 C

November 2019



					GOD Her YOU	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					(Actual Date) All Saints Day	2 9am Women's Group Meeting - All Souls Day
3 10:00am All Saints' Sunday/ United Thank Offering (UTO)/ 21st Sunday after Pentecost Daylight Savings - Fall Back		5	6 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment	7 6:30pm Contemporary Choir Rehearsal 7:15pm Choir Rehearsal	8	9 9am-3pm – Annual Holiday Bazaar. Men & women needed for tear-down!
10 10:00am, North Star Boys' Choir/Holy Eucharist/22nd Sunday after Pentecost	Veteran's Day GOD BLESS OUR HEROES WE SALUTE YOU.	12	13 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment	6:30pm Contemporary Choir Rehearsal 7:15pm Choir Rehearsal	St. Luke, Evangelist	16
17 10:00am, Holy Eucharist/23rd Sunday after Pentecost. Finance Committee and Vestry meet after Coffee Fellowship.	18	19	20 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment	21 6:30pm Contemporary Choir Rehearsal 7:15pm Choir Rehearsal	22	23
24 10:00am, Feast of Christ the King Holy Eucharist/ Last Sunday after Pentecost Liturgy Roles Training for Lectors/ Acolytes/Chalice Bearers after Eucharist.		26	27 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment 7pm Thanksgiving Eve Eucharist. Bring a Friend!	28 Happy and Blessed Thanksgiving to all! Feast of King Kamehameha & Queen Emma	29	30 Feast of St. Andrew the Apostle

