

June 2019

FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

Dates to Remember

1	9am-3pm - Annual Books, Brats & Bake Sale
2	10:00am - 7th Sunday of Easter/Holy Eucharist Mutual Ministry Conversation with Karen Olson of ECMN
8	10:00am-5:00pm - Great River Family Promise Ministry Day
9	10:00am - The Day of Pentecost/Whitsunday/Red Nose Sunday/Episcopal 101
16	10:00am - Holy Trinity Sunday/Patronal Feast Day/Father's-Men's Day/New Member Induction Sweet Shoppe
19	7:00pm - Emanuel at Marcus Theater, Elk River.
22	11:00am-12:30pm - Feed My Starving Children Ministry Day.
23	10:00am - 2nd Sunday after Pentecost/Holy Eucharist/Graduate Recognition Day. Finance Committee and Vestry Meeting follows Coffee Fellowship.

How to Reach Us

Address	1326 4th St. PO Box 65 Elk River, MN 55330
Office Hours	Tues/Wed/Thurs 10:00am-3:00pm
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I think perhaps that the weather is becoming more normal with **warmer temperatures. It's about time - isn't it?**

May was another "banner" month for us as we completed Spring Clean-Up on Sunday, May 5, 2019, cleaning both the outside campus as well as the Parish Hall and church proper. Thanks to all of you who helped with the clean-up. Your time doing this much needed ministry is very much appreciated.

We celebrated Mother's Day on May 13th honoring all the women of the parish and praying for our living and deceased mothers. Every woman in attendance that day received a corsage in honor of the occasion. Scott Svoboda gave every woman a rose. Thanks, Scott, for this gift. Most important, special thanks to all the women for their contributions all year long to the building up of the Body of Christ at Holy Trinity.

The 3rd Annual Spring Concert with the North Star Boys' Choir was an outstanding success with new people from St. Cloud and Wayzata with us for the first time as well as other returning fans. The Choir is internationally recognized and will leave for Lyon, France, on June 7th. Thanks to Francis Stockwell for their stellar performance and to all of you who came. Those present gave \$478.00 to help support the work and ministry of the Choir. Thank you again. I hope that more of you will come next year.

As of this writing, Pentecost will not have occurred yet as well as our patronal feast, the Holy Trinity, on June 16th. Please remember to bring your red noses on that day - Pentecost Sunday - as well as a red geranium for the sanctuary and outside planter.

In the May issue, I wrote about Pentecost and how best to understand and prepare for the most important celebration of the church year. **In this issue, I'd like to focus on getting rid of the obstacles that my** be keeping us from a relationship with God and on the good news **of repentance which isn't limited to the season of Lent.**

There are times in our lives when we recognize that there is an **obstacle, something, that is separating us from God. Maybe you're** dealing with it now or have in the past.

Sometimes it is an obstacle of our own making, something we have done or said, perhaps a choice that we made that now we deeply regret. We may feel guilty, or ashamed, or afraid. We may be reluctant to show our face before God. This thing that we have done has become a barrier between us and God.

Sometimes it is something that has happened to us, perhaps some-
thing that we don't understand or don't feel we deserved, and
because we can't make sense of it we fault God, and there is born

in us a new fear or anger towards God, and a reluctance to trust that renders intimacy with God impossible.

Sometimes it is something that we know we should do but have avoided doing perhaps because it seemed too costly or too difficult or too humiliating to do this thing even though we knew it was right. But now this thing that was left undone stands as a barrier between God and us and we know that our communion with God cannot be restored until we do what we can to set things right.

Sometimes the obstacle is something that we used to believe but no longer believe – about God, or about life, or about our faith, or about the world and because we have not been able to reconcile this gap between what we used to believe and what we now believe, our faith has stalled and our relationship with God has lost its passion.

Whatever it is, this obstacle stands as a dividing wall between God and us. We may have tried – or may still be trying – to get over it or around it but it is still there. We may have **tried to pretend it wasn't a big deal but in fact it was, and still is. We may be simply** ignoring it, like the proverbial elephant in the living room, pretending not to notice it or wishing it would just go away; but deep in our hearts knowing that it is affecting our ability to love God and to be loved by God.

Today there is a voice echoing from the wilderness that invites you and me to come, assuring us that this obstacle, this mountain, that has grown up between us and God has **been leveled by the coming of God's Messiah and assuring us that God is ready and eager** to receive us, to forgive us, to heal us, and to reconcile us to himself.

Isaiah the prophet addresses himself to the people of Israel who have been taken captive by a foreign power and carried away from their homeland to live in the land of their oppressors. They understand that their situation was brought about by their own pride, **negligence and sin, and they see the events that have unfolded as God's rightful punishment for their stubborn and rebellious ways. But now God's word comes to them** through the prophet Isaiah, speaking comfort and tenderly assuring them that their suffering is ending and that God is preparing a straight way through the wilderness so **that they might return to God and once again behold God's glory. Read Isaiah 40:1-11.**

"Comfort, O comfort my people," God instructs the prophet, **"Speak tenderly to Jerusalem, and cry to her that she has served her term, that her penalty is paid, that she has received from the Lord's hand double for all her sins. "Tell her to "prepare the way of the Lord (in the wilderness)" and "make straight in the desert a highway for our God." Say to her, "Get you up to a high mountain, O Zion, herald of good tidings; lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, do not fear; say to the cities of Judah, 'Here is your God!'" Here is our God, ready to meet us.**

Come. Return to God. Valleys are being lifted up and mountains and hills are being made low. Uneven ground is being leveled and rough places are being smoothed. Every obstacle is being removed and the way is being made easy and straight. Come, return to God.

In much the same way, John's voice echoes in the wilderness, inviting the crowds to repent and to return to God. God is about to do a new thing, John tells them; the way is being readied for the coming of God's Messiah and for the coming of God's reign on earth. Now is the time of salvation, healing and reconciliation! Come!

And they came – **"from the whole Judean countryside" and from Jerusalem, confessing their sins and receiving the "baptism of repentance for the forgiveness of sins" that God** was offering them through John. Let me point out to you that what they are doing – confessing their sins – is not a normal thing to do. The normal thing is to hide our sins, to pretend that we are not at fault, to deflect the blame towards others for the messiness of our lives and the craziness of our world. The normal thing is to keep secrets, fear

exposure, resist honesty, and deny truth. Surprisingly here they are, confessing their sins, allowing the obstacles that have kept them from experiencing the love of God to be removed, making their way back home and into the arms of God's loving embrace.

Come, repent, return to God. Whatever is keeping you apart from God, it's time to deal with it, confess it, and clear it away! There is no longer any barrier to separate you from God's love. No fear, no shame, no regret.... no thing done or left undone.... no sin, no disobedience, no rebellion. God is clearing it all away by declaring his love for you and by extending his arms to you and by saying to you in the gentlest voice possible, "Come." Mountains are being leveled and valleys filled; rough places are being made smooth, the way is being made so very accessible, just so that you may come... freely.... here and now.

God's call to repentance – the invitation to confess our sins, to open our hearts, to change our minds, and to turn in a new direction – is GOOD NEWS, not bad news. Can you accept it in your heart? It is good news because God is saying to us that we can come home, that all barriers and obstacles have been removed, and that there is no longer any need or reason to hold back or run away or hide. Whatever stands between you and God can be overcome. No matter what sin or fear or guilt or sense of failure or doubt or shame or physical, mental or emotional pain has kept you apart from God, whatever obstacle has gotten in the way, it need no longer separate you from the love of the One who created you and redeemed you and cherishes you as the 'apple of his eye.'

Have you understood these things? Then throw off the shackles that have bound you and the chains that have weighed you down. Cast away the fear and doubt and guilt and shame that have kept you from becoming the child of God that you are. And come.

Come to be forgiven. Come to be healed. Come to be encouraged. Come to be loved. Come to be saved. Come to be fed. Come.

Pray that we accept God's invitation for healing and forgiveness. Let us ask the help and support of the Holy Spirit this Pentecost season for the wisdom, understanding and grace we need to move forward in our lives. Turn yourself over to Christ and see how you will be transformed accepting God's love and mercy in your life.

There are so many events and ministries taking place in June. Consider the ministry of being with a homeless family in transition on Saturday, June 8th, at the Great River Family Promise house down from the Methodist Church and volunteer to be Christ's hands and feet by packing food at Feed My Starving Children on Saturday, June 22, 2019.

New Member Induction will be on Sunday, June 16th and Episcopal 101 will be held on June 9th. See the rest of the newsletter for details. Graduate Recognition Day will be on Sunday, June 23, 2019.

Lastly, pray for me as I pray for you everyday that you and I may come to know Jesus even more and bring others to know and love him in the process. Thank you being disciples of Jesus and for all you do to build up the Body of Christ at Holy Trinity! We are "on the grow" for Christ. Have a phenomenal month and stay well, be good of heart and let go, let God!

Yours in Jesus,

Fr. Rob+

Fare for All will be back in Elk River on June 7th from 2-4pm.
Hosted at Central Lutheran Church.

This month's hot buy is: JJ's Pub Burgers
6 patties (2 lbs) \$6.00 Limit 2 per household.



fare for all
a program of the food group

Happy Spring! Many housekeeping items will take place over the spring and summer months. Gary will be working hard as our Jr Warden to coordinate the re-siding of the Quinn house garage, some landscape details, painting of the trim and bell tower, plus other maintenance items as needed.

Danny Liberto has graciously offered to help with our technology updates. He will be working with AVE of Maple Grove, to finalized pricing and project before sending to the vestry for approval. Thank you to everyone who donated with a special Easter offering! We are getting close to our needed goal to update our equipment for streaming a live feed into the Parish Hall.

The Choir presented fabulously with new robes at Easter and we had so much fun singing in our group choral event with Elk River Lutheran and Union Church.

I am sorry if you missed it!

Jeff and I had a fabulous Wedding/Marriage service with our daughter Megan and her new husband Bob Copeland, on May 18th. Father Rob did a great ceremony, bringing God and the shared Love of Jesus to Rockwoods in Otsego. It was contemporary decorated flair with a traditional Episcopal Marriage service. We received many compliments and feel blessed we had Father Rob as officiant. It was a very special day.



Please keep a watch on your email or mail box for upcoming summer events and church activities. Enjoy the season!

I am looking forward to the popular Book and Brat sale hosted by our phenomenal **Woman's Group! See you all there!**

Sincerely with the grace of God,
Sue Nagorski

Great River Family Promise Ministry Day

Come join Deacon Georgia for an hour or so from 10:00am to 5:00pm on Saturday, June 8th to partner with Great River Family Promise.

We will minister by being present to a family in transition in our community. We will practice being a Beloved Community by just hanging out, listening, having fun, and showing Jesus' love for us all!!

Sign up sheet available by office.

YOUR HELP AND PRESENCE IS VERY MUCH NEEDED!

Try something new! We will be the ones more blessed!!



FEED MY STARVING CHILDREN MINISTRY DAY

SATURDAY, JUNE 22, 2019, 11:00 am to 12:30 pm.

**Won't you join with other Trinitarians to pack food for
starving children around the world?**

Sign up on the sheet next to the office.

On Wednesday May 22nd, Ann Wedl and I met at CAER for a tour and a conversation with Wendy Erlien, the Volunteer and Outreach Manager. We completed a tour of the space, both the front, where the donations are distributed, and in the back, where donations are sorted through.

CAER stands for *Community Aid Elk River* and serves families and individuals with food insecurities in Elk River, Otsego, and Zimmerman. It is important to note that they are a food supplemental program. In addition, they also can offer connections for financial assistance and winter wear, if families/individuals qualify. They serve about *600 to 650 households per month*. They also provide *food outreach* to seniors, schools, Open Doors for Youth, as well as *provide Kidz Kitz food packages weekly to about 200-250 kids every week all summer*. They also do a school supplies event in the fall for kids and youth.

In March, thanks to Ben Bastyr's question and leadership, we as a faith community gave over \$1,000.00 to CAER for MN Food Share Month, and in April we Packed Our Pews with close to 400 lbs of food. I am still astounded and overjoyed by that abundance we bestowed on our neighbors in need. Those actions also speak boldly and loudly to our shared interest and compassion for those around us who are down on their luck, just needing a little extra help, or need an open hand to make ends meet.

In my sermon that Sunday, I believe I asked the question like this: Do we at Holy Trinity want to do more *relationally with our neighbors in addition to giving donations?* ***In following God's call for us to have open hands to our neighbors all the time, do we want to take a risk to go out beyond our red doors and meet our neighbors where they are at?***

Wendy expressed that there is need now for about 4-5 volunteers about every four weeks for a 2 ½ hour time frame, both morning and afternoon/evening, to assist families through the process of getting food. *Why not us?* They also would welcome volunteers sorting out the donations in the back. *Is that something we would like to give a try?* We could also get creative as a faith community and pick a one-time event to bring all our gifts and our hands-on naturedly way of getting things done to sort together at the CAER site. *What a way to share our uniqueness and being a Beloved Community! What a way to share the love of Jesus!*

Ann and I are looking for folks to help us dream this into being. Help us plan out a survey or create new ways to try partnering with CAER and bring even more light to our neighborhood. Please pull me aside if you are interested. I am aiming for July to bring a group together. Please pray about what *you might want to bring to CAER and your neighborhood*.

In faith and love, with God's help

Deacon Georgia

JOIN DEACON GEORGIA FOR A MOVIE

Be part of a group party going to see Emanuel, a documentary about the Charleston church shootings and the aftermath. Featuring intimate interviews with survivors and family members, EMANUEL is a poignant story of justice and faith, love and hate, examining the healing power of forgiveness.

When: Wednesday, June 19, 2019, 7:00 pm

Where: Marcus Theatre, Elk River

Sign up on one of the clipboards next to the office.





EPISCOPAL 101 For New Members and All.

How much do you know about the beliefs and practices of the Episcopal Church? If you'd like to learn more, come to Episcopal 101 on Sunday, June 9, 2019, following Coffee Fellowship. This is for all new members and for those of you wanting a refresher course in "What it Means to be an Episcopalian/Anglican."

NEW MEMBER INDUCTION

Calling all new members to be officially welcomed as Trinitarians on Sunday, June 16, 2019, at the 10:00am Eucharist. Be part of the service and receive an Episcopal shield pin but more importantly renew your commitment to Jesus Christ. What a better day than Father's Day to become members of Holy Trinity!



GRADUATE RECOGNITION SUNDAY

All our Trinitarian graduates will be recognized on Sunday, June 23, 2019.



So far these are the graduates we will honor that Sunday:

Elijah Campbell, Gabriel Campbell, Saylor Lee Keener, & Eric Andersen
Congrats and blessings to them and their families
on this important milestone in their lives!

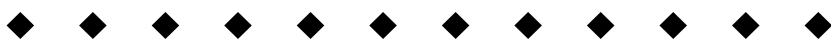
Holy Trinity Happenings-Easter Season/Pentecost

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| June 2nd | 10:00am - 7th Sunday of Easter/Holy Eucharist
Mutual Ministry Conversation with Karen Olson, Missioner for Ministry, of ECMN and Wardens/Vestry/Leaders of the Parish. This will be in the church proper following the Coffee Fellowship. |
| June 8th | 10:00am-5:00pm - Great River Family Promise - come serve by being present to a family in transition . See Deacon Georgia for details! |
| June 9th | 10:00am - The Day of Pentecost/Whitsunday/Episcopal 101/Red Nose Sunday. Please bring a geranium for the sanctuary and outside planter.
Sign up for Episcopal 101 - an hour Inquirers' Class and Refresher for all on the Episcopal Church, its beliefs and practices, etc. All new members strongly encouraged to participate and all others welcome! |
| June 16th | 10:00am - Holy Trinity Sunday/Patronal Feast Day/Father's Day/New Member Induction - New members' participation needed! Please sign up for it on a clipboard next to the office. |
| June 19th | 7:00pm - Emanuel at Marcus Theater, Elk River. |
| June 22nd | 11:00am-12:30pm - Feed My Starving Children Ministry Day. |
| June 23rd | 10:00am - 2nd Sunday after Pentecost/Holy Eucharist/Graduate Recognition Day. Finance Committee and Vestry Meeting follows Coffee Fellowship. |



Special Blessings to all our
June Birthday Trinitarians!

- | | |
|--------------------|---------------------|
| 08 – Owen Krogman | 14 – Patricia Ward |
| 10 – Jeff Nagorski | 21 – Donald Svoboda |
| 11 – Mary Brugger | 21 – Ann Wedl |
| 11 – Richard Ngoye | |



Let's Celebrate Red Nose Day on June 9th, The Feast of Pentecost!

It's really very simple.

- ✓ Get a Red Nose.
- ✓ Encourage your friends to get nosy.



About Red Nose Day

Red Nose Day USA is a fundraising campaign run by the non-profit organization Comic Relief USA, also known as Comic Relief Inc., a registered U.S. 501(c)(3) public charity. Red Nose Day started in the U.K., built on the foundation that the power of entertainment can drive positive change, and has raised over \$1 billion since the campaign's founding in 1988.

Red Nose Day launched in the U.S. in 2015 with a mission to end child poverty, and has raised nearly \$150 million to date. Money raised supports programs that ensure children in need are safe, healthy and educated, both in America and around the world. Red Nose Day has received generous support from millions of Americans, hundreds of celebrities and many outstanding partners, including Walgreens, NBC, Mars, and the Bill & Melinda Gates Foundation. For more info about Red Nose Day USA and its impact, visit www.rednoseday.org. Follow @RedNoseDayUSA on Twitter, Instagram and Facebook.



Altar Guild	Gail Weber 612-850-4250
Meals on Wheels	Call or see Cheryl Ecklund
Great River Family Promise	Deb Krogman 763-225-7773
Senior Choir & Contemporary Ensemble Singers & Musicians	Call or see Bea Bastyr 763-441-4068
Chalice Bearers/ Acolytes	Contact the Church office
Feed My Starving	Entire parish
Women's Group	Call or see: Linda Krieger 763-441-7072 Kate Hansen 763-441-6061
Men's Group	Call or see Ben Bastyr 763.441.4068

Feast Days in June:

- 9 Day of Pentecost/Whitsunday
- 11 St Barnabas, Apostle
- 15 Feast of Evelyn Underhill
- 16 Holy Trinity Sunday/Patronal Feast Day
- 24 Nativity of St John, the Baptist
- 29 St Peter and St Paul, Apostles



Looking Ahead: July

- 4 Independence Day
- 22 Mary Magdalene
- 25 St James, Apostle



Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. ~ ~ Thank you! ~ ~




<u>Ministry</u>	<u>June 2, 2019</u>	<u>June 9, 2019</u>	<u>June 16, 2019</u>	<u>June 23, 2019</u>	<u>June 30, 2019</u>
Greeter:	Dick Anderson	Deb Krogman	Dan Krieger	Jane Lindenfelser	Ginny Anderson
Child Care:	Available	Available	Available	Available	Available
Usher:	Dave Raitz	Adrian Russell	Ben Bastyr	Larry Brugger	Gary Wedl
Acolyte:	Eric Andersen	Wilde Russel	Matt Krieger	Jon Lloyd	Deb Krogman
1st Reader:	Larry Brugger	Ken Schultz	Eric Hawkins	Mary Brugger	Daryl Herrmann
2nd Reader:	Daryl Herrmann	Gail Weber	Kate Hansen	Mary Dare	Ken Schultz
Prayers:	Kate Hansen	Eric Hawkins	Marion Marshall	Jane Lindenfelser	Kate Hansen
Chalice 1:	Scott Svoboda	Jane Lindenfelser	Mary Dare	Mary Brugger	Molly Liberto
Chalice 2:	Mary Dare	Molly Liberto	Larry Brugger	Linda Krieger	Scott Svoboda
Counter:	Deb Krogman	Deb Krogman*	Linda Krieger	Jennifer Warner	Jeff Nagorski
Coffee:	Emily Schroeder & Janet Marquette	Pauline Hoffine	Sweet Shoppe	Wally Kaminsky	Joanie Nichols



Our Mission Statement

Holy Trinity is a diverse, multi-cultural, growing, dynamic faith community rich in liturgy and music that serves Christ in all persons and does God's work in the world.

HOLY TRINITY EPISCOPAL CHURCH			HTEC VESTRY MEMBERS		
Priest-in-Charge	Fr. Rob Cavanna	320-339-4852	Senior Warden	Sue Nagorski	612-868-9263 C
Deacon	The Rev. Georgia	651-338-7346	Junior Warden	Gary Wedl	763-427-0776
Parish Admin.	Jen Haag	612-685-6139	Service	Dick Anderson	612-812-2581 C
Director of Music	Bea Bastyr	763-441-4068	Liturgy	Daryl Herrmann	269-580-9040
Head Usher	Dan Krieger	763-441-7072	Education	Molly Liberto	763-742-2692 H
Altar Guild Chair	Gail Weber	612-850-4250	Evangelism	Nancy Lloyd	763-370-9598 C
Women's Group Co-Chairs	Linda Krieger Kate Hansen	763-441-7072 763-441-6061	Pastoral Care	Sandy Sisson	763-267-7623
Men's Group Chair	Ben Bastyr	763-441-4068	Treasurer	Jeff Nagorski	763-234-5000 C
Youth/Sunday School	Molly Liberto	763-742-2692	Vestry Clerk	Joyce LeClaire	763-263-7740 C

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Every Sunday: 10:00 Eucharist and Sunday School 11:15 Fellowship						
						<i>1</i> 9am-3pm Annual Spring Books, Brats & Bake Sale
2 10:00 am Holy Eucharist 7th Sunday of Easter Mutual Ministry Conversation with Vestry & Leaders following Coffee.	3 The Martyrs of Uganda	4	5 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment	6	7	8 Vigil of Pentecost 10:00am-5:00pm - Great River Family Promise Your help is needed. Please sign up for 1 hour.
9  10:00am Holy Eucharist The Day of Pentecost/Whitsunday/Episcopal 101/Red Nose Sunday Bring red geranium!	10	11 St Barnabas, Apostle	12 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment Enmegahbowh	13	14	15 11:00 am - Funeral for Scott Pullman Feast of Evelyn Underhill
16 10:00 am Holy Eucharist Holy Trinity Sunday/ Patronal Feast Day/ Father's-Men's Day/ New Member Induction Sweet Shoppe	17 	18 Feast of Bernard Mizeki	19 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment 7pm - Emanuel at Marcus Theater, Elk River	20	21	22 11:00am-12:30pm - Feed My Starving Children Ministry Day, Coon Rapids
23  10:00 am Holy Eucharist 2nd Sunday after Pentecost/Graduate Recognition Day Finance Committee and Vestry Meeting follow Coffee Fellowship.	24 Nativity of St John, the Baptist	25	26 10am-12pm Fr. Rob's office hours and Fr. Rob by appointment	27	28	29 St Peter and St Paul, Apostles

