



HOLY TRINITY
EPISCOPAL CHURCH

TRINITY TRIBUNE

feel the love!



August 2018

FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

Dates to Remember

1	6:30pm Contemporary Rehearsal
1,2,3	Vacation Bible School
4	9:00am Women's Group Meeting
5	10:00am Annual Outdoor "Green Eucharist." (Weather permitting) Sweet Shoppe
8	Choir Sharing rehearsal at Union
12	9:15- Choir Sharing at Union
19	Vestry Meeting follows Coffee

How to Reach Us

Address	1326 4th St. PO Box 65 Elk River, MN 55330
Office Hours	Wed/Thurs/Fri 10:00am-2:00pm
Clergy Office Hours	Wednesday 10:00am-12:00pm
Phone	763-441-5482
E-mail	office@holytrinityelkriver.org
Website	Holytrinityelkriver.org
Twitter	Robert Cavanna
Facebook	www.facebook.com/HolyTrinityElkRiver

I hope that your summer so far has been filled with productive and rewarding days. We celebrated our Independence Day a little early with a very energetic and dynamic patriotic service on July 1st. A Life Celebration for our dearly beloved Charlotte Anderson was held on July 11, 2018. It was indeed a celebration of a woman of great faith and unswerving commitment to Jesus and our Holy Trinity faith community. Thank you to everyone who helped make it so meaningful and memorable.

For the month of August, I'd like to focus on the meaning of grace and hope in our lives. I'm basing these thoughts on the passage from 2 Corinthians 12:2-10 where Paul talks actually boasts about his suffering. (Take a few minutes to read it thoroughly).

Saint Paul's self-revelation about his "thorn in the flesh" is quite mysterious. Whatever this suffering is, Saint Paul has been praying fervently that this "thorn" be extracted from him but to no avail. There are two mysteries here. For one, we don't know what this "thorn" is. We're never told anything further; however, that fact has not stopped endless speculation down through the centuries what the thorn might be for Paul. Is Saint Paul's "thorn" something related to his family of origin, to his good standing in the synagogue, to someone who is out to get him, or who won't forgive him, or who won't respect him? Is the "thorn" related to his physical or mental health, to his sexuality, to an addiction, to an unmet desire of his heart? We have no idea other than that it is very painful.

Saint Paul is writing an open letter to a local church. The letter hit home. The letter was saved, copied by hand, and widely circulated for more than two hundred years, only gaining in authority as the years passed. The letter was ultimately recognized as belonging to the Canon of Holy Scripture. Why was this personal letter saved, circulated, and so revered? Because Saint Paul wrote of a truth that others can relate to. He's not just telling his story; he's telling our story - yours and mine. Everyone has their own version of a thorn or thorns in the flesh that don't go away. Thorns are very painful.

All of us are confronted in life with painful things we would never have chosen and where we feel powerless. Whether the pain is related to our family, our health and well-being, our relationships, our abilities or disabilities, our sense of injustice or shame - whatever - the hand we've been dealt in life includes cards we would not have chosen. For many people, this is a secret affliction, maybe a shame, something we don't talk about much, don't reveal any more than Saint Paul does. Life's thorns however are very real and are very painful. For many people with an imbedded affliction, they pray. This may be you? You pray. You pray fervently, maybe desperately. You pray for an extraction; you pray for

healing; you pray that a door open or that a door close; you pray that you receive something, or that you be relieved of something. You pray these prayers for yourself, or for someone you love, or for someone you hate. Speaking from my own personal experience, I know these prayers oftentimes can be desperate. And how wonderful, how absolutely amazing, when it happens, when the answer comes just as we have prayed. But that's not what Saint Paul is writing about here. He's writing about when it doesn't happen, when the "thorn" stays imbedded in your flesh or in your heart. And you probably know about this, too.

Saint Paul suffered a great deal in life, clearly. So much of his writing comes out of the crucible of suffering: his suffering and, he presumes, ours. The secret he does reveal about facing suffering, and surviving and thriving through life's suffering, is what he calls God's "grace." The Greek word for grace literally means "favor." The Greek word for "grace" is God's bending or stooping in kindness to us, in care and provision for us, oftentimes in a way beyond what we could have asked for or imagined. (Ephesians 3:18-21 speaks about it). Grace is amazing! Saint Paul writes of what he personally experienced of God: God's grace will provide what we need. The revelation he received from Jesus, he's convinced also pertains to us: "My grace is sufficient for you." Do you find that believable? -No. Probably not.

I don't think Saint Paul's revelation to us about God's gracious provision is believable when we are living with our own overwhelming personal problems, or pain, or poverty, or persecution, or powerlessness, and there's no end in sight. How can God's grace be sufficient? It's not believable. Unless you've had the experience in the past of God's provision coming out of nowhere. If you've been at the end of your rope, to the pit of your despair, where life is unmanageable or overwhelming... and then something happened, some kind of provision came, nothing less than miraculous, then you know about this phenomenon. That's the "grace" that Saint Paul is talking about here. Life is steeped in God's amazing grace. Charles Péguy, the French poet and spiritual writer, called this the insidiousness of God's grace: "Grace is insidious. When it doesn't come straight it comes bent and when [grace] doesn't come bent it comes broken. When [grace] doesn't come from above it comes from below." Grace is insidious. Saint Paul had his own experience of this and he's convinced God's grace is also for you.

Understanding God's grace is not something we can be taught. We come to know about God's grace only by experience, and grace, when experienced, is fraught with wonder. If you look back on your own life, you will recognize God's grace. There's no other explanation for how you made it this far in life. If you look back on your own life, you'll get in touch with miracle. And YOU are the miracle. How have you made it to this point in life, given all the givens? There has been provision and this is what Saint Paul calls grace, amazing grace, in your past that has sustained you to the present.

But what about the future? What about the future you anticipate with so many challenges and the inevitable suffering – yours and others' – that is beyond your power or control. What about where you feel so small and the challenges of life ahead loom so large? Saint Paul gives us a word for grace-in-the-future. Grace in the future is "hope." Hope for the future comes from copying and pasting your experience of grace from the past.

The word "hope" in the New Testament means "expectation, trust, confidence" for the future. Hope saves us in the face of what is unknown, what we cannot yet see ahead. Hope is an intransitive verb; hope does not take an object. We don't hope for what we can see or name. As Saint Paul reminds us, "For in hope we [are] saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience." Romans 8:24-25. The seeds of hope for the future are sown in your past. You have hope for the future not because you've got it under control but because you know God's gracious provision in the past will also pertain to the future. Hope for the future is not about seeing but about knowing that you will have the provision you need because this is the way it's been in your past.

If you are anxious about the future, you've gotten ahead of yourself. It's not that we never anticipate the future, never make plans for the future, never have foresight about the future. Quite to the contrary. (You wouldn't be here this morning if you hadn't made some plans to get out of bed this morning.) We certainly anticipate the future but we've gone too far, we've crossed a line, when our anticipation of the

future has turned into a menagerie of anxiety and worry. That's where we need hope. Hope is not about seeing the future; hope is about knowing there will be provision for the future just as there has been in the past. Not to worry. Saint Paul writes, "For in hope we are saved," saved from what we are not yet ready or readied to face in life.

Will the future for you be difficult? Probably. Life is difficult. You haven't gotten this far in life without knowing that life is difficult. And life is also amazing, don't you know? Saint Paul becomes so sure of this – both about the suffering inherent in life and about God's amazing provision – that he teems with confidence in the most difficult period of his entire lifetime. He writes: "We boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us."

The English word "hope" comes from the same etymological root as "hop." To hop is a way of springing into the future with energy and confidence, not with fear, but with hope. You'll be fine. Your life teems with God's amazing grace. Just look backward and claim the miraculous provision you have experienced. This will continue. There's hope for you and me.

Pray that we are thankful for the graces in our life and that we continue to live in and with hope for the future.

Please be sure to be with us on September 9, 2018, for our Annual Great Holy Trinity Fall Get Together Sunday followed by our All Parish "Pot Luck" Picnic hosted by our Vestry. We will renew our commitment to Jesus and re-dedicate ourselves to following God in the Way of Love and looking for ways to make Jesus known beyond our walls as well as serve others less fortunate than ourselves.

In closing, I'm excited about our new program year as we will explore Reclaiming Jesus and what Jesus is calling us to do in Elk River and the communities we serve. Join me and others on Saturday, September 22, 2018, for a Ministry Day at Feed My Starving Children headquarters in Coon Rapids. In the meantime, stay well, be good of heart and let go, let God!

In Christ's love,

Fr. Rob+

WORSHIP

KATE HANSEN

Mark your calendars for our very special annual Outdoor "Green" Worship Service to be held on August 5th. Also, we will be holding planning meetings several Sundays after worship for our annual Blessing of the Animals and Blood Drive event to be held on Saturday, October 6th. Please consider volunteering for this event! See me if you are interested. Thank you!

Joyfully,

Kate

SERVICE

DICK ANDERSON

I hope everyone is having a nice summer; many are on vacations, I hope everyone has safe travels. Please remember the food shelf, as the need is great. August is our month to deliver meals on wheels, Cheryl Ecklund will post a sign up sheet for drivers, please consider helping if you can, looking forward, the Vestry will be hosting a picnic in September we will keep everyone posted. Again have a safe and good summer.

Blessings, Dick Anderson

Fall is coming! It has become my favorite Minnesota season, crisp and fresh, the start of a new school year. I hope everyone is enjoying the fleeting month of summer with, family and friends, vacations at the lake, soaking up the warmth, mowing the grass.... Time is precious and each day is a gift.

The Vestry hosted renewal Sunday picnic is scheduled for September 9th after worship service. Hot dogs and Burgers will be provided by the church with everyone pitching in to bring sides, salads and treats. I am sure we will have lots of great things to eat in the company and companionship of our wonderful growing faith community. I hope to See you there!

In other housekeeping news, our stained glass window replacement has been ordered and the glass company will complete the installation as soon as it arrives.

The new sign has been ordered and we are hoping to have it set by Fall.

Our next vestry meeting is scheduled for August 19, 2018.

Thank you to everyone who attended, participated, and or volunteered for Charlotte Anderson's funeral. It was a beautiful service and a wonderful luncheon. She was a beloved member of our church family and her earthly presence will be greatly missed.

As we close out the last weeks of summer and move into our fall renewal, let's be aware and thankful to how things get done and refreshed for us each week. Thanks to the summer mowers, weederers, flower planters and waterers, bush trimmers and lawn sprinkler fixers. The ant catchers, and the refrigerator cleaner outers. And to those who quietly and gracefully serve in many ways, all year, to make our church and the local area outreach community better for all, God bless you. I hope I can speak for everyone and say we appreciate every big and every little thing you do.

See you on Sunday.

Sincerely with the grace of God,

Sue Nagorski



Please join us on Sunday, September 9th for our 1st day of the 2018-2019 Sunday School Year. If you are interested in helping out, please contact Molly.

Thank you!

Molly Liberto

	<p>FEED MY STARVING CHILDREN MINISTRY DAY</p>
<p>SATURDAY, September 22, 2018, 11:30am-1:30pm. Won't you join with other Trinitarians to pack food for starving children around the world?</p>	
<p>Sign up sheet is on the table next to the office.</p>	



Special Blessings to all our August Birthday Trinitarians!

02 – Cheryl Ecklund	18 – Bob Sobalvarro
03 – Andy Marquette	18 – Nancy Ingram
06 – Marion Marshall	19 – Isabelle Stewart
08 – Michele Palo	22 – Bea Bastyr
10 – Ken Schultz	23 – Molly Liberto
13 – Annette Durst	24 – Wilkyns Russell
15 – Julia Bishop	28 – Eric Andersen
15 – Christine Peterson	30 – Prudy Wilson



THANK YOU JEANNE, GARY & MOLLY!

Thank you to Jeanne and Gary Simonsen for sharing their gorgeous home and pool for the 7th Annual pool party for the women of Holy Trinity on July 21st. And thanks to Molly Liberto for co-hosting. It was a fabulous gathering with a fun group of ladies, fantastic food, lots of laughter and impressive cannonballs. Thanks again for hosting this five-star event!

Altar Guild

Gail Weber
612-850-4250

Meals on Wheels

Call or see
Cheryl Ecklund
763-443-8637

Senior Choir
and Contemporary
Ensemble Singers
and Musicians

Call or see
Bea Bastyr
763.441.4068

Chalice
Bearers
Acolytes

Contact the Church office

Feed My Starving
Children

Entire parish
Contact the Church Office

Women's Group

Call or see
Linda Krieger
763-441-7072

Men's Group

Call or see
Ben Bastyr
763.441.4068

Feast Days in August

- 6 The Transfiguration of our Lord Jesus Christ.
- 14 Feast of Jonathan Daniels
- 15 St. Mary, Mother of Our Lord Jesus Christ
- 24 St Bartholomew the Apostle
- 25 Feast of Thomas Gallaudet
- 28 Feast of St. Augustine



Looking Ahead to September:

- 9/9 Great Holy Trinity Fall Get-Together and Picnic
- 9/16 National Back to School Sunday and Flu Shot Day
- 9/22 FMSC 11:30am-1:30pm

“You Belong Here” Sunday, September 16, 2018

Join thousands of churches and be a part of the national movement to invite everyone in America back to church. Holy Trinity is a participant!

National Back to Church Sunday is the national movement of churches reaching out to their community. In 2018 we hope to see over 10,000 participating churches who are sharing the message “You Belong Here” with every home in their community because the need has never been greater.



“Accept one another, then, just as Christ accepted you, in order to bring praise to God.” – Romans 15:7

The “You Belong Here” message is designed to encourage the never-churched “nones” and “dechurched” people in your community to come to church to find a community of people who are growing together spiritually, who are applying their faith to everyday challenges and who help and support one another as well as the community at large.




Outdoor “Green” Eucharist on August 5, 2018

In keeping with our tradition of caring for the earth, an Outdoor “Green” Eucharist will take place on Sunday, August 5, 2018, at 10:00pm. The liturgy will take place on the west lawn of our campus and will include special prayers and hymns related to ecology and the environment.

Hannah Prange, a harpist from Bethel University, will be playing at this unique outdoor Eucharist.

The Contemporary Ensemble will be singing for this special service. In the past we have been blessed with beautiful weather. In case of inclement weather however, we will hold the service in the church.

If you haven’t been to a “Green” Eucharist, plan on participating and being moved by this unique worship experience.



Contemporary Ensemble and Sr. Choir Rehearsal

Wed., Aug 1st, 6:30pm	Contemporary Ensemble Rehearsal
Wed., Aug 8th, 6:30pm– 8:45pm	Choir Sharing rehearsal at Union Anthem, All Are Welcome or The Storm is Passing Over
Wed, Aug 15th, 6:30pm	Sr. Choir Rehearsal at Holy Trinity





Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. Thank you!

Ministry	<u>Aug 5</u>	<u>Aug 12</u>	<u>Aug 19</u>	Aug 26
Greeter:	Carl Newberg	Daryl Herrmann	Deb Krogman	David Raitz
Child Care:	Alex Stewart	Alex Stewart	Alex Stewart	Alex Stewart
Usher:	Wally Kaminsky	Adrian Russell	Ben Bastyr	Gary Wedl
Acolyte:	Eric Andersen	Wiltie Russell	Jon Lloyd	Matt Krieger
1st Reader:	Mary Brugger	Jane Lindenfelser	Sherrill Newberg	Ken Schultz
2nd Reader:	Marion Marshall	Gail Weber	Larry Brugger	Mary Dare
Prayers:	Kate Hansen	Eric Hawkins	Carl Newberg	Daryl Herrmann
Chalice 1:	Larry Brugger	Linda Krieger	Molly Liberto	Julie Raitz
Chalice 2:	Mary Dare	Scott Svoboda	Marion Marshall	Jane Lindenfelser
Counter:	Linda Krieger	Ann Wedl	Kate Hansen	Linda Krieger
Coffee:	Gail Weber	Pauline Hoffine and Shar Baughman	Wally Kaminsky	Emily Schroeder and Janet Marquette

Our Mission Statement



Holy Trinity is a diverse and multi-cultural, growing, and dynamic church that sees and supports Christ in all persons.

HOLY TRINITY EPISCOPAL CHURCH			HTEC VESTRY MEMBERS		
Priest-in-Charge	Fr. Rob Cavanna	320-339-4852	Senior Warden	Sue Nagorski	612-868-9263 C
Deacon	Rev. Georgia Steele	651-338-2946	Junior Warden	Tim Ecklund	763.276.1434 H
Parish Admin.	Jen Haag	612-685-6139	Service	Dick Anderson	612-812-2581 C
Director of Music	Bea Bastyr	763-441-4068	Liturgy	Kate Hansen	763-441-6061 H
Head Usher	Dan Krieger	763-441-7072	Education	Molly Liberto	763.753.6898 H
Altar Guild Chair	Gail Weber	612-850-4250	Evangelism	Nancy Lloyd	763-370-9598 C
Women's Group Co-Chairs	Linda Krieger Kate Hansen	763-441-7072	Pastoral Care	Christine Peterson	612-968-3445 H
Men's Group Chair	Ben Bastyr	763-441-4068	Treasurer	Jeff Nagorski	763-234-5000 C
Youth	Molly Liberto	763-753-6898	Vestry Clerk	Joyce LeClaire	763-263-7740 C



Sherburne County Sheriff's Office

"Commitment to Service with Integrity and Pride"

Sheriff Joel

The Sherburne County Sheriff's Office, in partnership with the Sherburne County Attorney's Office, Health and Human Services, and the Veteran's Service Office, would like to extend an invitation to your pastoral staff and other designees to attend a forum focusing on:

- Addressing maltreatment concerns brought to pastoral staff or volunteers. This will include:
 - ♦ An overview of what is considered maltreatment.
 - ♦ Who may be the victim.
 - ♦ Who is required to report and to whom?
 - ♦ What happens after a report is received?
- Available resources/benefits in our area that can be used with your congregation and beyond.
- Available veteran's benefits for our military veterans and their families.
- Emergency resources in time of need and how to access them.

We also know that our community can benefit from all the positive programs, outreach, and opportunities the faith community has to promote wellness and initiatives in our area. It is our hope that we can learn from you how best to connect individuals that request county assistance that may also benefit from your support, such as in instances when residents are isolated and need help.

The forum will occur on **Thursday, August 16th from 1:00-3:00 pm** at the Sherburne County Government Center in the Sheriff's Office Emergency Operations Center (EOC).

We are also happy to provide a tour to those individuals that would like to see the new courts wing added to the Government Center once our forum is complete.

Please email Deputy Roxanne Schreder at Roxanne.schreder@co.sherburne.mn.us by August 10th if you plan on attending and if you will be staying for the tour. Further details regarding the meeting will be emailed out to attendees once specifics are known.

Thank you and we hope to see you in August!

Meals on Wheels!!

The August sign up sheet for Meals on Wheels is posted on the board next to the mailboxes. August is our month, and we need more help, especially Monday's, Wednesday's and a couple Friday's. Tuesday's and Thursday's are already covered. If you are able to help out by driving and delivering meals please sign up. You may also call me if you'd like me to sign you up or if you have any questions.

Time to pick up meals at GA is around 10:50 am.

Please help us out with this wonderful and fulfilling ministry.

Thank you, Cheryl Ecklund 763-443-8637



August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Every Sunday: 10:00 <i>Eucharist/Sunday School</i> <i>school year</i> 11:15 <i>Fellowship</i>			1 10:00M-12:00PM Fr. Rob's office hours and Fr. Rob by appointment 6:30pm Contemporary Rehearsal	2	3	4 9:00 am Women's Group Meeting	
5 Eleventh Sunday After Pentecost 10 am - Outdoor Green Eucharist Sweet Shoppe	6 The Transfiguration of our Lord	7	8 10:00M-12:00PM Fr. Rob's office hours and Fr. Rob by appointment 6:30 pm -Choir Sharing rehearsal at Union	9	10	11 2:00 pm - Men's Group Pool Party Please sign up on sheet next to office.	
12 Twelfth Sunday After Pentecost 9:15—9:45 - Rehearsal at Union Feast of Florence Nightingale	13	14 Feast of Jonathan Daniels 	15 St. Mary, Mother of Our Lord Jesus Christ 10:00M-12:00PM Fr. Rob's office hours and Fr. Rob by appointment 6:30pm - Sr. Choir Rehearsal at Holy Trinity	16	17	18	
19 Thirteenth Sunday After Pentecost Vestry Meeting follows coffee Fellowship in church	20	21	22 10:00M-12:00PM Fr. Rob's office hours and Fr. Rob by appointment	23	24 St Bartholomew the Apostle	25	
26 Fourteenth Sunday After Pentecost	27 Feast of Thomas Gallaudet	28 Feast of St. Augustine	29 10:00M-12:00PM Fr. Rob's office hours and Fr. Rob by appointment	30	31 	MEALS ON WHEELS MONTH	

